



AKADEMIA
LESZKA BLANIKA

WARSZAWA

Warsaw, August 30, 2024

Official Invitation

Dear Gymnastics Friends,

The Leszek Blanik Academy in Warsaw has a great pleasure to invite you to the

2nd International Rhythmic Gymnastics Tournament 'Gym Challenge Cup'

19-20th October 2024 Warsaw (POL)

You may find all the details concerning the organization of the competitions attached to the invitation. We would be very happy about numerous international participants from RG clubs.

For further communication please be so kind to directly contact the organizer's address, you will find on the event invitation.

See you in Warsaw,
Adriana Szymanska



EVENT HOST

Host Club: Leszek Blanik Academy

Event Coordinators:

Anna Reisch-Rogowska

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Olga Balakina

(Ukrainian/Russian)

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CONTACTS

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 gymchallengecup@gmail.com

 [facebook.com/ALBWarszawa](https://www.facebook.com/ALBWarszawa)

 [alb.gimnastyka.waw](https://www.instagram.com/alb.gimnastyka.waw)

GYM CHALLENGE CUP

2nd International Rhythmic Gymnastics Tournament

COMPETITION VENUE

The Sports and Rehabilitation Centre of the Medical University of Warsaw

Księcia Trojdena 2C, Warsaw, Poland

- 14 m high
- two training floors
- one competition floor
- sports complex has a full-sized swimming pool



COMPETITION FORMAT

Age categories - Individual program

- Mini: 2017 and younger
- Kids: 2016, 2015
- Children 2014
- Pre-junior: 2013, 2012, 2011
- Junior: 2010-2009
- Senior: 2008 and older

REGISTRATION AND DEADLINES

Deadlines

- registration and visa form till September 20
- music files till October 1

Registration system

- please complete your registration through filling the names and music files into the system
- file description: surname, name, year of birth, category, apparatus, club

<https://rgform.eu/>



HOTEL PROPOSITIONS

ibis Styles Warszawa Airport

Poleczki 31, 02822 Warsaw

+48223733700 | HC131@accor.com

ibis budget Warszawa Centrum

Zagórna 1, 00441 Warsaw

+48227453660 | h6401@accor.com

ibis budget Warszawa Reduta

Bitwy Warszawskiej 16, 02366 Warsaw

+48225722500 | h7125@accor.com

B&B HOTEL Warszawa-Okęcie

Aleja Krakowska 193, 02180 Warsaw

+48885685852 |

warszawa.okecie@hotelbb.com

CONTACTS

📍 Księcia Trojdena 2C, Warsaw, Poland

✉ gymchallengecup@gmail.com

📘 facebook.com/ALBWarszawa

📷 alb.gimnastyka.waw

PROVISIONAL SCHEDULE

October 18, 2024 (Friday)

Arrival

Training & accreditation

Accommodation

October 19, 2024 (Saturday)

08:45 Judges' draw & briefing

08:30 - 10:00 Warm up

10:00 - 21:00 Competition

Award ceremony

October 20, 2024 (Sunday)

08:45 Judges' draw & briefing

08:30 - 10:00 Warm up

10:00 - 18:00 Competition

Closing ceremony & Award ceremony

Departure

- Detailed information about the program will be provided after the competitors' applications

AWARD CEREMONY

Gymnasts will be awarded for each apparatus separately

ENTRY FEE

50 €

MEDIA AND OTHER

- event is transmitted online on YT by [rell.pl](https://www.youtube.com/rell.pl)

- during the competitions there's a possibility to visit the RG shop stand offering professional hand apparatuses, sportswear and other gym accessories

- please inform us if you need our assistance while transferring from airport / train station. We need info about place of arrival and departure, as well as time



CATEGORY	APPARATUS	REQUIREMENTS
Mini 2017 and younger	1 exercise: WA	WA: DB - min. 6 / max. 8 (min. 2 balances, min. 2 pivots, min. 2 leaps); split leap is obligatory Combined Body Difficulties are not allowed W - min. 3
Kids I A 2016	2 exercises: WA & hoop	S - dance steps combination - min. 3 R - max. 2 (max. 1 with series of pre-acrobatics or DB with rotation): R2Z=3, R3Z=4; R3S=5, R3S db=6
Kids I B 2016	1 exercise: WA	Apparatus: DB - FIG junior rules Combined Body Difficulties are not allowed W - min. 2
Kids II A 2015	2 exercises: WA & hoop	S - dance steps combination - min. 2 R - max. 3 (it is allowed to use one rotation under the flight: R=0.1)
Kids II B 2015	1 exercise: WA	DA - min. 1 / max. 12
Children A 2014	2 exercises with apparatus: ball & by choice	
Children B 2014	1 exercise: hoop	
Pre-junior I A 2013	2 exercises with apparatus by choice: Clubs & by choice	Apparatus: FIG Junior rules
Pre-junior I B 2013	1 exercise with apparatus by choice	
Pre-junior II A 2012-2011	2 exercises with apparatus: ball & by choice	
Pre-junior II B 2012-2011	1 exercise with apparatus by choice	
Junior A 2010-2009	2 exercises with apparatus by choice	Apparatus: FIG Junior rules
Junior B 2010-2009	1 exercise with apparatus by choice	
Senior A 2008 and older	2 exercises with apparatus by choice	Apparatus: FIG Senior rules
Senior B 2008 and older	1 exercise with apparatus by choice	