



**GUIMAGYM CUP 2024**  
International tournament in rhythmic gymnastics  
**GUIMARÃES / PORTUGAL**  
**8-10 NOVEMBER 2024**


**INVITATION**

**AGE GROUPS 2016-2010 + JUNIOR/SENIOR NON-FIG**

Dear sport friends,

GUIMAGYM – Clube de Ginástica de Guimarães has the pleasure to invite your Federation/club to participate in the International Event GUIMAGYM CUP 2024.

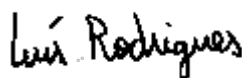
For the Age Groups tournament, please may consider FIG Directives for JUNIOR and SENIOR competition, with the following modifications:

<b>DISCIPLINE</b>	Rhythmic Gymnastics
<b>ORGANIZING COMMITTEE</b>	GUIMAGYM – Clube de Ginástica de Guimarães Address: Rua Jaime Martins, 4810-056 Costa Guimarães Phone number: +351961340700 e-mail: <a href="mailto:geral@guimagym.pt">geral@guimagym.pt</a> <a href="http://www.guimagym.pt">www.guimagym.pt</a> Contact person: Adriana Castro e-mail: <a href="mailto:guimagymcup@guimagym.pt">guimagymcup@guimagym.pt</a>
<b>LOCATION</b>	Guimarães - PORTUGAL
<b>DATES</b>	8-10 November 2024
<b>VENUE</b>	PAVILHÃO MULTIUSOS DE GUIMARÃES Alameda Cidade de Lisboa, 481 – Guimarães 4835 – 037 Guimarães Venue capacity: 3000 
<b>APPARATUS SUPPLIER</b>	Gymnova London 6667
<b>AGE LIMITS</b>	Category A: 2016 Category B: 2015 Category C: 2014 Category D: 2013 Category E: 2012 Category F: 2011 JUNIOR NON-FIG: 2010-2009 SENIOR NON-FIG: 2008 and older
<b>DELEGATION SIZE</b>	1 judge (FIG or national category) 1 coach 6 gymnasts (maximum 2 per age category)
<b>JUDGES AND JURIES</b>	Each delegation must present a judge with current valid FIG/national brevet at the time of the event.  For delegations not presenting judge a tax of 200€ will be applied.
<b>ENTRY FEES</b>	The Entry fee for this event will be <b>50€ per gymnast.</b>
<b>ACCREDITATION</b>	The accreditation of the delegations will be held upon arrival. For accreditation you must present: <ul style="list-style-type: none"> <li>▪ payment of accommodation and entry fee</li> </ul> Accreditation card is personal for each participant. <u>Please, send a photo</u>

	<p><u>of each member of the delegation before 01.10.2024.</u></p> <p>Payment for accomodation+meals and participation fee to be paid by bank transfer, till 15.10.2024. Possibility to pay in cash, during accreditation.</p>
<b>PROVISIONAL SCHEDULE</b>	<p><b>6 November:</b> Early arrival of the delegations</p> <p><b>7 November:</b> Arrival of the delegations / Official trainings</p> <p><b>8 November:</b> Official trainings / Judges meeting / City sightseeing (Competition possibility according to the number of registrations)</p> <p><b>9 November:</b> Competition day 1</p> <p><b>10 November:</b> Competition day 2 / Banquet</p> <p><b>11 November:</b> Departure of the delegations</p>
<b>AWARDS</b>	<p>CLASSIFICATION PER APPARATUS: First 3 classified gymnasts in each age category will be awarded medals. First 8 classified gymnasts in each age category will be awarded diplomas.</p> <p>Special nomination prizes will be given by LOC.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Embassy or Consulate in your country if a visa is required for your travel to <b>Portugal</b>. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>15.08.2024</b> to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation and the Organizing Committee will not answer for any liabilities in case of accidents, illness, repatriation and the other. All participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by <b>01.10.2024</b>.</p>
<b>LOCAL TRANSPORTATION</b>	<p><b>Free local transportation</b> from the nearest airport Porto (OPO) to the venue and return will be provided by the organizing committee.</p> <p>Shuttle bus will be available during competition days between hotel and sports hall.</p>
<b>ACCOMMODATION</b>	<p><b>Hotel Fundador *** (or similar hotel)</b></p> <p><b>75€ person/night</b> (double or triple room, including breakfast, lunch, dinner) - for 6 gymnasts, 1 coach, 1 judge per team</p> <p><b>90€ person/night</b> (double or triple room, including breakfast, lunch, dinner) - for extra persons</p> <p>Single room is rated per person 120€ per night including breakfast, lunch and dinner.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>While the Accomodation form must be returned to the LOC by <b>01.10.2024</b> at the very latest, the Hotel rooms will be allocated on a "first come, first serve" basis.</p> <p><b>The invited participating federations must pay for the accomodation expenses of their delegation members.</b></p>

<b>MEDICAL SERVICES</b>	Medical services will be available, if needed, on the sports hall during trainings and competition.														
<b>BANK ACCOUNT INFORMATION</b>	<p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows:</p> <p>Name: Guimagym – Clube de Ginástica de Guimarães  IBAN: PT50 0010 0000 5656 9510 0018 1  SWIFT/BIC: BBPIPTPL</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.  Payment by bank transfer must be done no later than <u>15.10.2024</u></p>														
<b>DEADLINES SUMMARY</b>	<table border="1"> <tr> <td>Definitive Registration</td> <td><b>15.08.2024</b></td> </tr> <tr> <td>Visa Request Form</td> <td><b>15.08.2024</b></td> </tr> <tr> <td>Nominative Registration</td> <td><b>15.09.2024</b></td> </tr> <tr> <td>Apparatus Form</td> <td><b>15.09.2024</b></td> </tr> <tr> <td>Travel Schedule + Accommodation form</td> <td><b>01.10.2024</b></td> </tr> <tr> <td>Photo</td> <td><b>01.10.2024</b></td> </tr> <tr> <td>Payment of the Entry Fee + Accommodation Costs</td> <td><b>15.10.2024</b></td> </tr> </table>	Definitive Registration	<b>15.08.2024</b>	Visa Request Form	<b>15.08.2024</b>	Nominative Registration	<b>15.09.2024</b>	Apparatus Form	<b>15.09.2024</b>	Travel Schedule + Accommodation form	<b>01.10.2024</b>	Photo	<b>01.10.2024</b>	Payment of the Entry Fee + Accommodation Costs	<b>15.10.2024</b>
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<b>ADDITIONAL INFORMATION</b>	<p><b>IMPORTANT: Till 15.10.2024:</b> Please, send the music in MP3 file by "wetransfer" to <a href="mailto:guimagymcup@guimagym.pt">guimagymcup@guimagym.pt</a></p>														

Sincerely yours,



Luís Rodrigues  
(President)

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## GUIMARÃES / PORTUGAL

8-10 NOVEMBER 2024



### TECHNICAL PROGRAM

<b>2016 year born</b>	<b>1 routine</b> FREEHANDS	Max. 7 BD (max. value 0.3)	<b>Total:</b> D – max. 2.10 A – max. 10.00 E – max. 10.00 TOTAL SCORE: 22.10
<b>2015 year born</b>	<b>2 routines</b> FREEHANDS + APPARATUS	<b>Freehands</b> Min. 3 BD (max. 1 combined) Highest 7 BD count	<b>Total:</b> <b>Freehands:</b> D – max. 4.50 A – max. 10.00 E – max. 10.00 TOTAL SCORE: max. 24.50
<b>2014 year born</b>	<b>2 routines</b> FREEHANDS + APPARATUS	<b>Apparatus</b> Min. 3 BD (max. 1 combined) Highest 7 BD count Max. 3 $\overset{\curvearrowright}{K}$ Max. 10 AD	<b>Apparatus:</b> D – max. 8.00 A – max. 10.00 E – max. 10.00 TOTAL SCORE: max. 28.00
<b>2013 year born</b>	<b>2 routines</b> 2 APPARATUS BY CHOICE	Min. 3 BD (max. 1 combined) Highest 7 BD count Max. 4 $\overset{\curvearrowright}{K}$ Max. 12 AD	<b>Total:</b> D – max. 9.00 A – max. 10.00 E – max. 10.00 TOTAL SCORE: max. 29.00
<b>2012 year born</b>	<b>2 routines</b> 2 APPARATUS BY CHOICE		
<b>2011 year born</b>	<b>3 routines</b> 3 APPARATUS BY CHOICE		
<b>JUNIOR NON-FIG</b>	<b>3 routines</b> 3 APPARATUS BY CHOICE (hoop,ball, clubs, ribbon)	FIG JUNIOR Code of Points	
<b>SENIOR NON-FIG</b>	<b>3 routines</b> 3 APPARATUS BY CHOICE (hoop,ball, clubs, ribbon)	FIG Code of Points	