



Master Class with Valentina Rovetta

“From the study of basic apparatus technique, through pair work, to the setting of apparatus difficulty (AD), dynamic element with rotations (R) and collaborations (DC)”

About Valentina Rovetta

Gymnast: OG Atlanta 1996

Coach of ITA group: OG Beijing 2008, OG London 2012, OG Rio 2016, OG Paris 2024 plus Athletic coach of ITA artistic swimming



Date:

Saturday 28th September

Time:

9.00 – 12.00 Group 2018 – 2013 (max 60 gymnasts)

13.00 – 16.30 Group 2012 and older (max 50 gymnasts)

16.30 – 18.00 Coaches

Place:

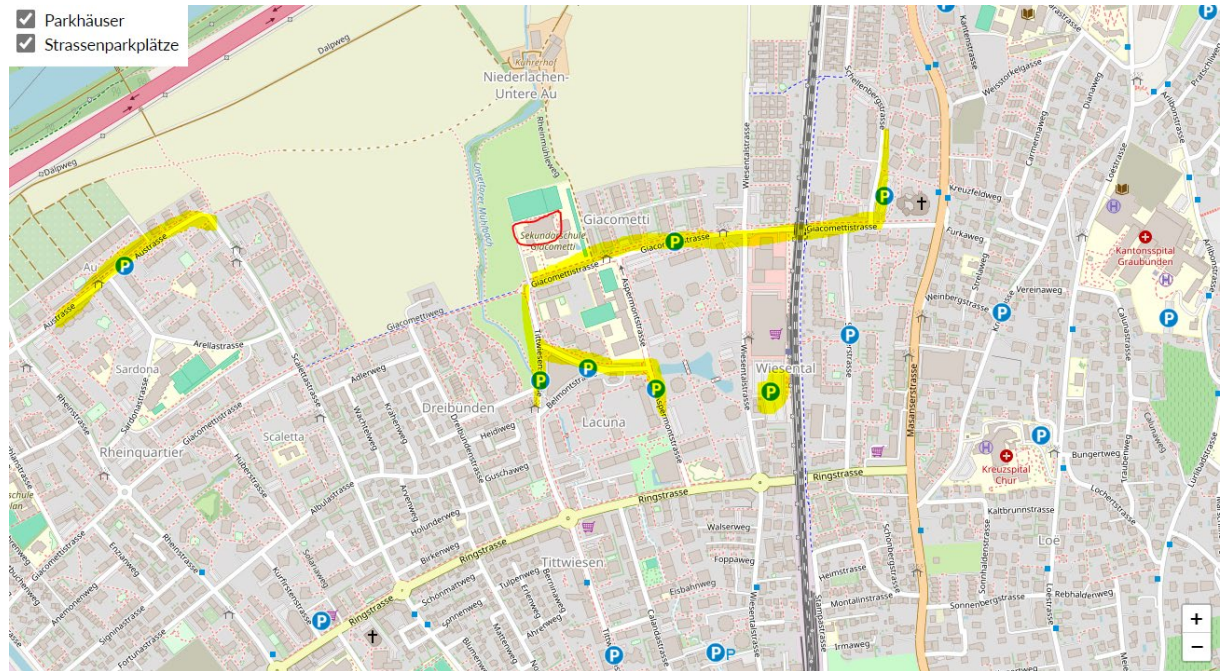
Giacometti Turnhalle, Tittwiesenstrasse 120, 7000 Chur



Getting there:

Please be aware there is no parking in front of the gym due to a building site.

Please use [public transport to Chur \(16min on foot from the train station or 6min by bus\)](#) or the [official parking on the streets around the area](#).



Prices:

Gymnasts CHF 100.-

Coaches CHF 40.- / 30.- (with more than 5 gymnasts)

To be paid before 23rd September 2024!

Bank Details:

Graubündner Kantonalbank

Konto: Verein Rhythmische Gymnastik Ems

IBAN: CH52 0077 4000 3639 3120 2

Note: "Vereinsname and Name of Child" / MasterClass Valentina Rovetta

Food/Drinks:

Bring your own. There won't be any food or drinks onsite.

Spectators:

We ask the parents to leave the premises during the class. Coaches are welcome to stay, during the session with their gymnasts.

Registration Deadline;

Monday, 23th September 2024 at 12pm