2024-2025 Women's Artistic Gymnastics

	DIRECTIVE					
	FUTURES GYMNASTICS PRESENTS					
FUTURES						
HOST CLUB	Futures Gymnastics 6991 Millcreek Drive Units 8-11 Mississauga ON L5N 6B9 (905)819-9042 www.futuresgymnastics.com					
MEET DIRECTOR	Lorraine Currie and Wendy Vink <u>meetdirectors@futuresgymnastics.com</u> (905)819-9042					
GO LIASON	Gymnastics Ontario Audra Sederavicius Phone : 647-598-0982 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca					
VENUE	Futures Gymnastics 6991 Millcreek Drive Units 8-11 Mississauga ON L5N 6B9 (905)819-9042					
REGULATIONS	As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals. Competition Format: OCP Warm Up Scoring Program: KSIS Music: Music to be submitted via the KSIS as part of each athlete's competition registration. All music must be clearly labeled by the athlete's name, club, level. Coaches are encouraged to bring a back up of their gymnasts' music to the competition via mp3 format or external mp3 device (i.e. iPhone, USB, AUX). All music must be clearly labeled. Deadline for music uploaded to KSIS: December 15, 2024 For Level 1-5 events, the compulsory music (all 3 versions) will be provided by the host club. Awards: For events and all Around: Medals 1st to 8th					
LEVELS AND AGES	Qualifying competition – Level 3-9 (9+) Designated competition – Level 10, Youth & HP Invitational competition – Level 1-2 (7+), Xcel (7+) and Level 3-9 (7-8)					
REGISTRATION	All athletes and coaches must be registered with G.O. for the 20242025 season. Athlete Registration Fee: \$140					

	Coach Registration Fee: \$20					
	Registration Via KSIS					
	Registration Deadline: November 17th, 2024 or when meet full					
	Once athlete is entered into KSIS competition they are <u>considered registered</u> and corresponding payment must be remitted to <mark>club.</mark>					
	*music upload with athlete registration					
	**all registration changes in KSIS must be made through Meet Director					
	Payment					
	Payments can be made by club cheque or e transfer. Please make cheque out to 13273199 Canada Centre Futures Gymnastics 6991 Millcreek Drive Units 8-11 Mississauga ON L5N 6B9					
	OR e transfer to wendy@futuresgymnastics.com. Please email with PW information.					
	Level Changes/Withdraws					
	Level changes or withdrawals will be accepted until November 17th, 2024					
	Refunds					
	Full refunds will be issued for any withdrawals until November 17th, 2024					
	Registration is not confirmed until your registration is completed in full with all of the athletes files completed with DOB, GO number,coaches registration and payment has been received.					
EQUIPMENT	Set 1: Speith America Set 2- Speith America with Gymnova Bars					
HEALTH AND SAFETY	Floor Close to Wall and post on edge. Vault is in a separate gym. Vault B 21 m First Aid Certified Personnel On-Site. We care about the well-being of all gymnasts and families so if you are not feeling well please stay home.					
	Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event.					
	Futures Gymnastics and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.					
COACH REQUIREMENTS	Coaches must:					

TOURISM & ADDITIONAL	Has #gy #ba	Hashtags: #wagquaifiers#SportStartsHere #GymnasticsOntario #gymnastics #gymnastique #gymnast #artisticgymnastics #WAG #vault #bars #beam #floor #vaultbarsbeamfloor #balancebeam #unevenbars #futuresgymnastics #futuresmardigras Presenting the City of Mississauga Ontario www.discovermississauga.ca						
BROADCASTING & SOCIAL MEDIA	Fac Inst	Facebook: @gymnasticsontario, @futuresgymnasticsmillcreek Instagram: @gymnasticsontario, @futuresgymnastics Mardi Gras Instagram: @futures_mardigras						
LIVE STREAMING,		e Streaming NO	T available					
ACCOMMODATIONS	Sep	The participants must pay for their accommodation costs. Separate information will be posted when confirmed Jagwear						
		All Athletes competing in the competition are not required to pay an admission fee throughout the weekend.						
		Children: 5 &			Free	Free	Free	
			10 years of age		\$5	\$8	\$10	
			17 years of age		\$0 \$7	\$13	\$15	
			s of age & older Irs of age & older		\$10 \$8	\$18 \$13	\$23 \$18	
					Pass	Pass	Pass	
					1 Day	2 Day	3 Day	
ADMISSIONS	Cas	Cash or debit only						
	:		nasticsontario.ca/digital-co					
		It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition. Please see coaching requirements for floor access: http://www.gymnasticsontario.ca/coaching-requirements/ Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor. National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained addition to the provincial coach requirements to be eligible for the competition floor. If need to request a coaching ID please visit the GO website:						
	up							
	:							
		 be present with athletes on-site bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (field of play). 						

Futures Gymnastics is located at 6991 Millcreek Drive Unit 8-11 in Mississauga. We are
located at the corner of Derry Rd and Millcreek. Our building faces Derry Rd but you enter our parking lot from Millcreek.
From 401 east
Exit at Erin Mills Pkwy/ Mississauga Rd exit north. Turn left onto Derry Rd and left onto Millcreek Drive.
From 401 west
Exit at Winston Churchill Rd south. Turn left onto Derry Rd and right onto Millcreek Drive.
From 403 east/west
Exit at Erin Mills Pkwy north. Turn left onto Millcreek Drive.
From 407 East/West
Exit at Mississauga Rd south. Turn right onto Derry Rd and left onto Millcreek Dr