

2024-2025 WOMEN'S ARTISTIC GYMNASTICS

DIRECTIVE



**”2025 ALL-STAR FLAMINGO GYMNASTICS
CLASSIC“
MAY 23-25, 2025
INVITATIONAL**



HOST CLUB	All Star Sports Centre 55 Regan Rd Brampton Ontario, Unit 1 905.495.9950 Website: www.allstarsportscente.com
MEET DIRECTOR	Palina Gonsalves competitive@allstarsportscentre.com 905.495.9950
GYMNASTICS ONTARIO LIASON	Audra Sederavicius, Women's Program Manager Phone : 647-598-0982 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca
VENUE	All Star Sports Centre 55 Regan Road Brampton Ontario Unit 1 905.495.9950
REGULATIONS	As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals. Competition Format: OCP Warm Up Scoring Program: KSIS Music: Music must be submitted via KSIS as part of each athlete's competition registration. All music must be clearly labelled by athlete's name, club, level. For Level 1-5 event, the compulsory music will be provided by host club. Awards: For Events 1st to 3rd Medals , 4 th to 10 th Ribbons. All Around EVERYONE MEDALS FOR ALL AROUND No Bumping of places for ties.
LEVELS AND AGES	Level 3-9 (Age 9+)
REGISTRATION	All athletes and coaches must be registered with G.O. for the 2024-2025 season. Athlete Registraiton Fee: Women's Level 1-3 \$125

XCEL \$125
 ODP \$115
 Coaches Fee: \$25

Registration via KSIS	April 1, 2025 <i>Once athlete is entered into KSIS competition they are considered registered and corresponding payment must be remitted to All Star Sports Centre.</i> <i>*music upload with athlete registration</i> <i>**all registration changes in KSIS must be made through Meet Director</i>
Payment	Due by April 1, 2025 Please prepare one cheque in Canadian funds payable to: All Star Sports Centre or e- transfer to garylockwood@rogers.com
Level Changes/ Withdraws	Withdraws/changes must be communicated directly to the host club by April 10, 2025
Refunds	No Refunds

EQUIPMENT

Spieth America - 1 full set of equipment

- sets of equipment Mainly Spieth Anderson
- AAI, Spieth beat boards
- post on competitive floor (2ft from side floor) - padded
- one side of floor next to wall – padded at corners
- Vault: Spieth Anderson; 1 - 7.5' x 6' x 20 cm Landing Mat: Apple;
- Hand Mat (Yurchenko): AAI;
- Bars: Gym Nova Beat board: AAI
- Beam: Spieth Anderson ;2-7.5' x 12' x 20 cm V4S Folding Mats: Spieth Anderson/ Apple; Beat board: AAI
- 42'x42' Floor - Spieth carpet, AAI springs
- Pedestal base leather Pommel Horse: Elan
- Mushroom: Spieth Anderson
- Still Rings set: Spieth Anderson
- Parallel Bars: Spieth Anderson
- High Bar: Spieth Anderson
- Pommels and P-Bars vault board: AAI

Vault runway Spieth Anderson 23 m / hard or soft landing

HEALTH AND SAFETY

First Aid Certified Personnel On-Site.

We care about the well-being of all gymnasts and families so if you are not feeling well, please stay home.

Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where

participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event.

All Star Sports Centre and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.

COACH REQUIREMENTS

Coaches must:

- be registered with Gymnastics Ontario for membership
- registered in KSIS
- be present with athletes on-site
- bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (field of play).

It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition.

Please see coaching requirements for floor access:

<http://www.gymnasticsontario.ca/coaching-requirements/>

Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.

National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.

If need to request a coaching ID please visit the GO website:

<https://www.gymnasticsontario.ca/digital-coach-id-information/>

ADMISSIONS

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Please note payments accepted is by credit or debit ONLY. NO CASH!!

<i>Qualifiers</i>	1 Day Pass	2 Day Pass	3 Day Pass
Adult: 18 years of age & older	\$15	\$20	\$25
Senior: 55 years of age & older	\$10	\$16	\$20
Student: 11 to 17 years of age	\$10	\$16	\$20
Children: 5 to 10 years of age	\$8	\$13	\$17
Children: 4 & Under	Free	Free	Free

All Athletes competing in the competition are not required to pay an admission fee throughout the weekend.

ACCOMMODATIONS

HOTELS:

[Courtyard by Marriott Brampton](#)

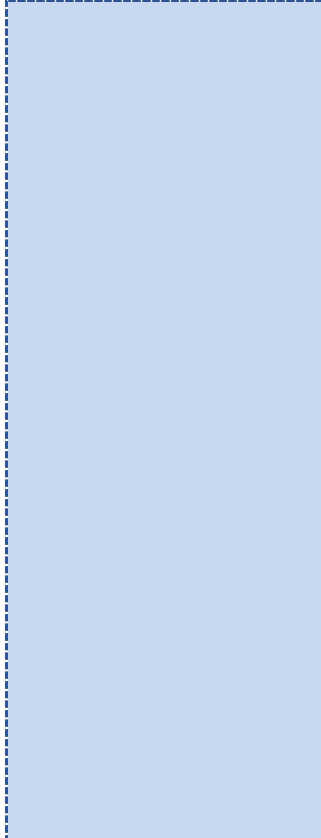
www.marriott.com

90 Biscayne Cres, Brampton,

ON Tel: 905 455-9000 1 800

943 6707

	<p>Days Inn Hotel - Brampton 260 Queen Street East Brampton, Ontario L6V 1B9 T: (905) 457-8880 F: (905) 457-0326 Hotel Website: www.daysinn.ca</p> <p>**The participants must pay for their accommodation costs*</p>
VENDORS	TBD
SOCIAL MEDIA	<p>Facebook: @gymnasticsontario, @AllStarSportsCentre Instagram: @gymnasticsontario, @All StarSportsCentre Hashtags: #wagquaifiers, #AllStarSportsCentre, #SportStartsHere #GymnasticsOntario #gymnastics #gymnastique #gymnast #artisticgymnastics #WAG #vault #bars #beam #floor #vaultbarsbeamfloor #balancebeam #unevenbars etc.</p>
TOURISM & ADDITIONAL INFORMATOIN	<p style="text-align: center;">Directions from Toronto:</p> <p>Hwy 401 West to Hwy 410 North. To Sandalwood Pkwy. Go left on Sandalwood Pkwy past Hwy 10 (also called Hurontario). Turn left on Van Kirk Drive (2nd lights). Turn Rt on Regan Rd. 1st building on the left is 55 Regan Rd. Park at the back or on the street.</p> <p>Hwy 407 West to Hwy 410 North. To Sandalwood Pkwy. Go left on Sandalwood Pkwy past Hwy 10 (also called Hurontario). Turn left on Van Kirk Drive (2nd lights). Turn Rt on Regan Rd. 1st building on the left is 55 Regan Rd. Park at the back or on the street.</p> <p style="text-align: center;">Directions from Hamilton or Niagara:</p> <p>Hwy 403 East to Hwy 410 North. Hwy 10 North to Sandalwood Pkwy. Go left on Sandalwood Pkwy past Hwy 10 (also called Hurontario). Turn left on Van Kirk Drive (2nd lights). Turn Rt on Regan Rd. 1st building on the left is 55 Regan Rd. Park at the back or on the street.</p> <p>Hwy 407 East to Mavis Rd. North on Mavis Rd (turns into Chinguacousy Rd) to Bovaird. Rt. on Bovaird Drive to Van Kirk Dr. Left on Van Kirk Dr to the 2nd Regan Rd. Left on Regan to the 1st building on your left # 55. Park at the back or on the street.</p> <p style="text-align: center;">Parking on premises and on the streets</p>



	Mayfield Rd		
McLaughlin Rd	← Lowry Regan Rd Van Kirk Rd	Sandalwood Pkwy Hwy 10	Kennedy Rd Heart Lake Rd
	Brampton		Hwy 410
		Bovaird Dr Queen St	
		Steeles Ave Hwy 401	