

# 2024-2025 WOMEN'S ARTISTIC GYMNASTICS

## DIRECTIVE



TUMBLERS ODP – WINTER WONDERLAND  
 TUMBLERS GYMNASTICS CENTRE  
 FEBRUARY 16TH  
 INVITATIONAL COMPETITION – ODP



<b>HOST CLUB</b>	Tumblers Gymnastics Centre 330 Vantage Drive, Orleans ON, K4A3W1 613-834-4334 www.tumblers.ca					
<b>MEET DIRECTOR</b>	Anic Bellerose meetdirector@tumblers.ca 613-834-4334					
<b>GYMNASTICS ONTARIO LIASON</b>	Audra Sederavicius, Women's Program Manager Phone : 647-598-0982 E-mail : <a href="mailto:wag@gymnasticsontario.ca">wag@gymnasticsontario.ca</a> Website: <a href="http://www.gymnasticsontario.ca">www.gymnasticsontario.ca</a>					
<b>VENUE</b>	Tumblers Gymnastics Centre 330 Vantage Drive, Orleans ON, K4A3W1					
<b>REGULATIONS</b>	<p><b>As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals.</b></p> <p><b>Competition Format:</b> OCP Warm Up</p> <p><b>Scoring Program:</b> KSIS</p> <p><b>Music:</b> None</p> <p><b>Awards:</b> ODP athletes receive certificate and medal.</p>					
<b>LEVELS AND AGES</b>	1. ODP (Ages 6-9)					
<b>REGISTRATION</b>	<p>All athletes and coaches must be registered with G.O. for the 2024-2025 season.</p> <p><b>Athlete Registration Fee:</b> \$75 if received by December 15th                  *\$25 late fee penalty (per athlete) if payment is not received by December 15th</p> <p><b>Coaches Fee: \$20</b></p> <table border="1"> <tr> <td><b>Registration via KSIS</b></td> <td>                     Registration Deadline: December 15th   <b><i>Once athlete is entered into KSIS competition they are considered registered and corresponding payment must be remitted to Tumblers Gymnastics Centre.</i></b>                      *music upload with athlete registration                      **all registration changes in KSIS must be made through Meet Director                 </td> </tr> <tr> <td><b>Payment</b></td> <td>                     Due December 15th 2024                      Payment can be done by cheque to Tumblers Gymnastics Centre, or by e-transfer to <a href="mailto:payments@tumblers.ca">payments@tumblers.ca</a> </td> </tr> </table>		<b>Registration via KSIS</b>	Registration Deadline: December 15th  <b><i>Once athlete is entered into KSIS competition they are considered registered and corresponding payment must be remitted to Tumblers Gymnastics Centre.</i></b> *music upload with athlete registration **all registration changes in KSIS must be made through Meet Director	<b>Payment</b>	Due December 15th 2024 Payment can be done by cheque to Tumblers Gymnastics Centre, or by e-transfer to <a href="mailto:payments@tumblers.ca">payments@tumblers.ca</a>
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<b>Level Changes/ Withdraws</b>	Withdraws/changes must be communicated directly to the host club by January 15th 2025
<b>Refunds</b>	All refund requests must be received before February 1st 2025, and accompanied by a medical note. A \$25 administrative fee applies to all refund requests.

**EQUIPMENT** Spieth America - 1 full set of equipment

**HEALTH AND SAFETY** **First Aid Certified Personnel On-Site.**

We care about the well-being of all gymnasts and families so if you are not feeling well please stay home.

Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event.

*Tumblers Gymnastics Centre and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.*

**COACH REQUIREMENTS** **Coaches must:**

- be registered with Gymnastics Ontario for membership
- registered in KSIS,
- be present with athletes on-site
- bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (filed of play).

It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition.

Please see coaching requirements for floor access:  
<http://www.gymnasticsontario.ca/coaching-requirements/>

Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.

National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.

If need to request a coaching ID please visit the GO website:  
<https://www.gymnasticsontario.ca/digital-coach-id-information/>

**ADMISSIONS** Admissions are paid at the door, in cash or debit/credit.

<i>Cups and Qualifiers</i>	<b>1 Day Pass</b>	<b>2 Day Pass</b>	<b>3 Day Pass</b>
<b>Adult: 18 years of age &amp; older</b>	\$10	\$15	\$20
<b>Senior: 55 years of age &amp; older</b>	\$5	\$8	\$10

<b>Student: 11 to 17 years of age</b>	\$5	\$8	\$10
<b>Children: 6 to 10 years of age</b>	\$5	\$8	\$10
<b>Children: 5 &amp; Under</b>	Free	Free	Free

*All Athletes competing in the competition are not required to pay an admission fee throughout the weekend.*

**ACCOMMODATIONS**

**Holiday Inn Express and Suites**  
 500 Brisebois Crescent, Ottawa, ON K1E 0A6 Canada  
<https://www.ihg.com/holidayinnexpress/hotels/us/en/ottawa/yowor/hoteldetail>

The participants must pay for their accommodation costs.

**VENDORS**

Photography provided by Shane Croskery Photography  
 Vendors include Mimossa Gymnastics Apparel, and Dilly-Merch custom made items.

**SOCIAL MEDIA**

**Facebook:** @gymnasticsontario, @TumblersGym  
**Instagram:** @gymnasticsontario, @tumblersgymnastics  
**Tic Toc:** @tumblers.gymcentre  
**Hashtags:** #SportStartsHere #GymnasticsOntario #gymnastics #gymnastique #gymnast  
 #artisticgymnastics #WAG #vault #bars #beam #floor #vaultbarsbeamfloor #balancebeam  
 #unevenbars etc.

**TOURISM & ADDITIONAL INFORMATION**

Ample parking at the event location. Additional parking available across the street need-be.