

2024-2025 WOMEN'S ARTISTIC GYMNASTICS

DIRECTIVE



THE AGNES LAING CLASSIC

CORONA COMPETITIVE GYMNASTICS

FEB 6-9 2025

LEVEL 1-9 QUALIFIER/INVITATIONAL & XCEL



HOST CLUB	Corona Competitive Gymnastics 155 Colonnade Rd, OTTAWA, ON K2E 7K1 Phone: (613) 224-6524 www.coronagym.ca
MEET DIRECTOR	Lee Ann Simon & Tammy Cromwell LeeAnn@coronagym.ca & tammy@coronagym.ca (613) 224-6524
GYMNASTICS ONTARIO LIASON	Audra Sederavicius, Women's Program Manager Phone: 647-598-0982 E-mail: wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca
VENUE	Nepean Corona School of Gymnastics 155 Colonnade Rd Nepean ON K2E 7K1
REGULATIONS	<p>As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals.</p> <p>Competition Format: OCP Warm Up</p> <p>Scoring Program: KSIS</p> <p>Music: Music can be in submitted via the KSIS as part of each athlete's competition registration. All music must be clearly labelled by athlete's name, club, level.</p> <p>For Level 1-5 event, the compulsory music will be provided by host club.</p> <p>Awards: Medals for 1st – 3rd and ribbons for 4th -8th Special Awards for each session for each apparatus</p>
LEVELS AND AGES	Xcel Bronze, Silver, and Gold (ages 9+) Invitational Levels 1 and 2 (Ages 7+) Invitational Level 3 to 9 (Ages 9+) – Qualifying competition

REGISTRATION

All athletes and coaches must be registered with G.O. for the 2024-2025 season.

Athlete Registration Fee: \$120.00

Registration via KSIS	<u>Registration deadline Dec 1st, 2025</u> Once athlete is entered into KSIS competition they are <u>considered registered</u> and corresponding payment must be remitted to club. <i>*Music upload with athlete registration</i> **all registration changes in KSIS must be made through Meet Director
Payment	Registration is on a 1st come 1st serve basis. No Gymnast or Club will be considered registered until all fees are paid. Method of payment: Cheque made out to Corona Competitive Gymnastics OR e-transfer: pfyfe@coronagym.ca
Level Changes/Withdraws	Level Changes/Withdraws: Withdraws/changes must be communicated directly to the host club. No level changes after Dec 1st
Refunds	No refunds after Dec 15th. Refunds will be granted with a Dr. Note until Jan 15th.

EQUIPMENT

Spieth America - 1 full set of equipment
Vault is a Pit landing.
Versa pod vaulting system for level 3 and Xcel

HEALTH AND SAFETY

First Aid Certified Personnel On-Site.

We care about the well-being of all gymnasts and families so if you are not feeling well, please stay home.

Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events.

Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present.

Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event.

Corona Gymnastics and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.

COACH REQUIREMENTS

Coaches must:

- be registered with Gymnastics Ontario for membership
- registered in KSIS,
- be present with athletes on-site
- bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up to date NCCP requirements for the level of athlete participating to gain access to the competition floor (field of play).

It is the club’s and individual coach’s responsibility to ensure they have the correct certifications and coaching ID for competition.

Please see coaching requirements for floor access:
<http://www.gymnasticsontario.ca/coaching-requirements/>

Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.

National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.

If need to request a coaching ID, please visit the GO website:
<https://www.gymnasticsontario.ca/digital-coach-id-information/>

ADMISSIONS

Admission fees payment are cash/debit and credit.

<i>Cups and Qualifiers</i>	1 Day Pass	2 day Pass	Event Pass
Adult: 18 years of age & older	\$12	\$20	\$28
Child (5-10)	\$5	\$8	\$12
Senior (60+)	\$10	\$15	\$20
Student (11-17)	\$10	\$15	\$20
Under 5	Free	FREE	FREE
Family 2 adults, 2 Kids	\$28	\$48	\$60
<i>All Athletes competing in the competition are not required to pay an admission fee throughout the weekend.</i>			

ACCOMMODATIONS

Ramada Ottawa on the Rideau
 2259 Prince of Wales Dr.
 Ottawa, On
 K3E 6Z8
 613-288-3500

Days Inn – Ottawa Airport
 366 Hunt Club Rd, Ottawa
 K1V 1C1
 613-739-7555

	<p>Hampton Inn by Hilton 2869 Gibford Drive, Ottawa, Ontario 613-248-1113</p> <p>Hilton Garden Inn 2400 Alert Rd, Ottawa, ON K1V 1S1 (613) 288-9001</p> <p>The participants must pay for their accommodation costs.</p>
VENDORS	TBA
SOCIAL MEDIA	<p>Facebook: @gymnasticsontario Instagram: @gymnasticsontario, @corona.gymnastics</p> <p>Hashtags: #wagquifiers #SportStartsHere #GymnasticsOntario #gymnastics #gymnastique #gymnast #artisticgymnastics #WAG #vault #bars #beam #floor #vaultbarsbeamfloor #balancebeam #unevenbars</p>
TOURISM & ADDITIONAL INFORMATOIN	There is limited parking in front of the building. Extra parking is located to the back of the building and on the street in front of the facility. Please do not park in the neighbouring businesses spots.