



11-th
International Tournament
in Rhythmic Gymnastics
"Warsaw Autumn 2024 "

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| DISCIPLINE | Rhythmic Gymnastics |
| ORGANIZER | GWKS Ajsedora Warsaw E-mail: gwksajsedora@gmail.com Viber: Mariya Stratius + 48729395000 |
| CHIEF JUDGE | FIG Judge Pertseva Marina |
| DATE and VENUE | Date: November 16-17, 2024 Venue: Wiertnicza str. 26 a, 02-952 Warsaw Sports Hall Centrum Sportu Wilanów https://centrumsportuwilanow.pl |
| DELEGATION | Gymnasts Number no limit, 1 coach, 1 judge obligatory. The judge and the coach are also asked to register via https://ksis - Scripting, Registration & Scoring System (rgform.eu) In the absence of a reported judge, a fee of EUR 100 will be added. |
| REGISTRATION DEADLINE | - Final registration of gymnasts and judges: 15-Oct-2024 - Music 10-Nov-2024 |
| REGISTRATION GYMNASTS AND JUDGES | Registration: https://rgform.eu/event.php?id_prop=7038 For questions on registration: Marina WhatsApp, Viber, Telegram: +380 68 737 20 83 |

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| | E-mail: marinapertsik@gmail.com |
| TECHNICAL INFORMATION | The competition will be held at the multipurpose sports hall 44 m x 26 m and max. 11.8 m (usable 10.3 m) - 3 independent sectors. |
| REWARD and SPECIAL PRIZE | REWARDS: Each competitor will receive a diploma, medal and gift. I, II, III place in the all-round event will be awarded with a diploma, medal, Cup and a gift. SPECIAL PRIZE: Miss expression Miss pirouettes Miss elegance Mini miss Miss "Warsaw Autumn 2024" |
| MEDIA PHOTO | Media service : http://www.rell.tv/wp/ Photo: Leszek Tomaszewski https://m.facebook.com/leszek.tomaszewski.35 |
| LUNCH | LUNCH: Lunch at PLN 40 (EUR 8) one day - registration via gwksajsedora@gmail.com by October 15, 2024 The organizer provides dinner for the judge. |
| TRANSFER | Julia Varbola; Price to be agreed upon E-mail: varbola78@gmail.com WhatsApp: +48538191119 |
| STARTING FEE | Individual 1 apparatus - PLN 200 (EUR 40) per competitor Payment in cash 2 apparatuses - PLN 250 (EUR 50) per competitor Payment in cash |

Group

2 routines PLN 800 (EUR 150)

1 routine PLN 500 (EUR 100)

ATTENTION: IF YOU WANT TO PAY ON OUR BANK ACCOUNT, WE ASK YOU TO DO IT ONLY IN POLISH ZLOTYCH.

IF YOU WANT TO PAY IN EURO - WE ASK YOU TO PAY ONLY IN CASH THE 15.II OR 16.II. TO OKSANA JAMIN in the sports hall

BANK ACCOUNT TO PAY IN POLISH ZLOTY: BANK SANTANDER, GWKS AJSEDORA, account number 37 1090 1870 0000 0001 2314 1724

Individual

COMPETITION
PROGRAM

Category A and B children (2012-2019) with gymnasts' licenses of national federations.

Category C, C-Light children (2012-2019) of recreational groups training 2-3 times a week.

Junior and Senior Category A and B - according to the provisions of FIG

Junior and Senior Category C of recreational groups training 3-4 times a week.

The main judge will retain the right to exclude a competitor from the competition (the competitor starts outside the competition and receives a prize for participation) in the event of submitting to the wrong category.

Group

Category A and B children of competition groups 1 or 2 apparatus

Category C, C Light children (2012-2019) - 2-5 gymnasts

Junior and Senior Category A and B - according to FIG provisions

CATEGORY

2019

2018

2017

| <i>CATEGORY</i> | <i>A</i> | <i>B</i> | <i>C</i> | <i>C-L</i> |
|------------------------------------|---|---|--|--|
| <i><u>2019</u> and younger</i> | <i>1 app (not WA) max 7 DB max 15 DA max 2 R <u>rope, hoop,</u> <u>ball</u></i> | <i>WA* max 9 DB</i> | <i>WA* max 9 DB (max DB 0,3)</i> | <i>WA* max 7 DB (max DB 0,3)</i> |
| <i><u>2018</u></i> | <i>1 app (not WA) max 7 DB max 15 DA max 2 R <u>rope, hoop,</u> <u>ball</u></i> | <i>WA* max 9 DB</i> | <i>WA* max 9 DB (max DB 0,3)</i> | <i>WA* max 7 DB (max DB 0,3)</i> |
| <i><u>2017</u></i> | <i>WA+1 app max 7 DB max 15 DA max 3 R</i> | <i>1 app (not WA) max 7 DB max 15 DA max 2 R <u>rope, hoop,</u> <u>ball</u></i> | <i>WA* max 9 DB</i> | <i>WA* max 9 DB (max DB 0,3)</i> |

| | CATEGORY | <u>A</u> | <u>B</u> | <u>C</u> | <u>C-L</u> |
|---|-------------|---|---|--|---------------------------------|
| <p>CATEGORY</p> <p>2016</p> <p>2015</p> <p>2014</p> | <u>2016</u> | WA+1 app max 7 DB max 15 DA max 3 R | 1 app (not WA) max 7 DB max 15 DB max 3 R <u>hoop, ball, clubs</u> | WA* max 9 DB | WA* max 9 DB (max DB 0,3) |
| | <u>2015</u> | 2 APP (not WA) max 7 DB max 15 DA max 3 R | WA*+1 app max 7 DB max 15 DA max 3 R | 1 app (not WA) max 7 DB max 12 DA max 2 R <u>rope, hoop, ball</u> | WA* max 9 DB |
| | <u>2014</u> | 2 APP (not WA) max 7 DB max 15 DA max 3 R | WA*+1 app max 7 DB max 15 DA max 3 R | 1 app (not WA) max 7 DB max 12 DA max 2 R <u>rope, hoop,</u> <u>ball</u> | WA* max 9 DB |

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|---|--------------------|--|---|--|-------------------------------|
| CATEGORY 2013 2012 | <i>CATEGORY</i> | <i>A</i> | <i>B</i> | <i>C</i> | <i>C-L</i> |
| | <i><u>2013</u></i> | <i>Clubs+1 app</i> <i>(not WA)</i> <i>max 7 DB</i> <i>max 15 DA</i> <i>max 4 R</i> | <i>Ball+1 app (not</i> <i>WA)</i> <i>max 7 DB</i> <i>max 15 DA</i> <i>max 4 R</i> | <i>1 app</i> <i>(not WA)</i> <i>max 7 DB</i> <i>max 12 DA</i> <i>max 4 R</i> <i><u>hoop, ball,</u></i> <i><u>clubs</u></i> | <i>WA*</i> <i>max 9 DB</i> |
| | <i><u>2012</u></i> | <i>Ball +1 app (not</i> <i>WA)</i> <i>max 7 DB</i> <i>max 15 DA</i> <i>max 4 R</i> | <i>Clubs +1 app</i> <i>(not WA)</i> <i>max 7 DB</i> <i>max 15 DA</i> <i>max 4 R</i> | <i>1 app</i> <i>(not WA)</i> <i>max 7 DB</i> <i>max 12 DA</i> <i>max 4 R</i> <i><u>hoop, ball,</u></i> <i><u>clubs</u></i> | <i>WA*</i> <i>max 9 DB</i> |
| CATEGORY 2011 | | | | | |
| | <i><u>2011</u></i> | <i>Hoop+1 app</i> <i>(not WA)</i> <i>max 7 DB</i> <i>max 15 DA</i> <i>max 4 R</i> | <i>Clubs +1 app</i> <i>(not WA)</i> <i>max 7 DB</i> <i>max 15 DA</i> <i>max 4 R</i> | <i>1 app</i> <i>(not WA)</i> <i>max 7 DB</i> <i>max 12 DA</i> <i>max 4 R</i> <i><u>hoop, ball,</u></i> <i><u>clubs</u></i> | <i>WA*</i> <i>max 9 DB</i> |

CATEGORY

JUNIOR

2010/2009

| <i>CATEGORY</i> | <u>A</u> | <u>B</u> | <u>C</u> | <u>C-L</u> |
|--|---|--|---|------------|
| <i><u>JUNIOR</u></i> <i><u>2010</u></i> | Ribbon +/ app (not WA) max 7 DB max 15 DA max 4 R | Boll +/ app (not WA) max 7 DB max 15 DA max 4 R | 1 app (not WA) max 7 DB max 12 DA max 2 R <u>hoop, ball,</u> <u>clubs</u> | -/- |
| <i><u>JUNIOR</u></i> <i><u>2009</u></i> | Ribbon +/ app (not WA) max 7 DB max 15 DA max 4 R | Clubs +/ app (not WA) max 7 DB max 15 DA max 4 R | 1 app (not WA) max 7 DB max 12 DA max 2 R <u>hoop, ball,</u> <u>clubs</u> | -/- |

CATEGORY

SENIOR

2008 and older

| <i>CATEGORY</i> | <u>A</u> | <u>B</u> | <u>C</u> |
|----------------------|--|---|---|
| <i><u>Senior</u></i> | Clubs +/ app (not WA) max 9 DB max 20 DA max 5 R | Boll +/ app (not WA) max 9 DB max 20 DA max 5 R | 1 app (not WA) max 7 DB max 15 DA max 3 R <u>ball, clubs,</u> <u>ribbon</u> |

| CATEGORY GROUP | CATEGORYGROUP | | | |
|-------------------------------|--------------------------------|-------|-------|-----------------------|
| | CATEGORY | A | B | C |
| | Group <u>2011 i młodsze</u> | 2 app | 1 app | 1 app 2-5 gymnasts |
| Group <u>Junior/Senior</u> | 2 app | 1 app | | |

*W układach WA może być max 2 R 2019-2014 r.u. oraz 1 R dla 2013 r.u. i starsze (rotacje ciała bez przyboru) złożonych minimum z dwóch i maksimum z trzech rotacji połączonych ze zmianą poziomu i/lub osi ciała/ lub bez, z serią/lub bez na zasadach obowiązujących w przyborze (np. R3 Z = 0,40 lub R3 seria = 0,50). Max. 1 R z serią.

In WA systems, it can be a maximum of 2 R 2019-2014. and 1 R for 2013 and older (body rotations without equipment)

composed of a minimum of two and a maximum of three rotations combined with a change of level

and/or body axis/or without, with/or without series according to the rules applicable in the device (e.g. R3 Z = 0.40 or R3

series = 0.50). Max. 1 R with a series.

With a sporty greeting Michał Bałaga

President GWKS Ajsedora

