

2024-2025 WOMEN'S ARTISTIC GYMNASTICS

DIRECTIVE



UNDER THE SEA

NORTHUMBERLAND GYMNASTICS CENTRE
MAY 29 - JUNE 1, 2025
INVITATIONAL



HOST CLUB	NORTHUMBERLAND GYMNASTICS CENTRE 8781 DALE RD COBOURG ON 905-269-7182 www.northumberlandgymnastics.ca
MEET DIRECTOR	Erika Austin & Teresa Jones northumberlandgymnastics@hotmail.com 905-269-7182
GYMNASTICS ONTARIO LIASON	Audra Sederavicius, Women's Program Manager Phone : 647-598-0982 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca
VENUE	BALTIMORE RECREATION CENTRE 23 Community Centre Rd Baltimore, ON 905-342-2810
REGULATIONS	As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals. Competition Format: OCP Warm Up Scoring Program: KSIS Music: Music can be in submitted via the KSIS as part of each athlete's competition registration. All music must be clearly labelled by athlete's name, club, level. For Level 1-5 event, the compulsory music will be provided by host club. Awards: Medals for 1st-3rd, Ribbons for 4th-10th Special Fun Judges Awards
LEVELS AND AGES	Xcel (7+) , Level 1-5(7+) , Level 6-9 (7-8yrs)
REGISTRATION	All athletes and coaches must be registered with G.O. for the 2024-2025 season. Athlete Registration Fee: \$120

	Registration via KSIS	Feb 15, 2025 <i>Once athlete is entered into KSIS competition they are considered registered and corresponding payment must be remitted to Northumberland Gymnastics Centre</i> <i>*music upload with athlete registration</i> <i>**all registration changes in KSIS must be made through Meet Director</i>
	Payment	Feb 15, 2025 Club cheque with mailing address Northumberland Gymnastics Centre 8781 Dale Rd Cobourg, ON K9A 4J9 Or e-transfer northumberlandgymnastics@hotmail.com
	Level Changes/ Withdraws	Withdraws/changes must be communicated directly to the host club. Withdrawals and level changes accepted until April 15th, 2025
	Refunds	No refunds after April 15th, 2025
EQUIPMENT	Spieth America - 1 full set of equipment	
HEALTH AND SAFETY	<p>First Aid Certified Personnel On-Site.</p> <p>We care about the well-being of all gymnasts and families so if you are not feeling well please stay home.</p> <p>Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event.</p> <p><i>Northumberland Gymnastics Centre and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</i></p>	
COACH REQUIREMENTS	<p>Coaches must:</p> <ul style="list-style-type: none"> - be registered with Gymnastics Ontario for membership - registered in KSIS, - be present with athletes on-site - bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (feild of play). <p>It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition.</p> <p>Please see coaching requirements for floor access: http://www.gymnasticsontario.ca/coaching-requirements/ </p>	

Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.

National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.

If need to request a coaching ID please visit the GO website:

<https://www.gymnasticsontario.ca/digital-coach-id-information/>

ADMISSIONS

	1 Day Pass	2 Day Pass	3 Day Pass
Adult: 18 years of age & older	\$8	\$13	\$18
Senior: 55 years of age & older	\$5	\$8	\$12
Student: 11 to 17 years of age	\$5	\$8	\$12
Children: 6 to 10 years of age	\$3	\$5	\$7
Children: 5 & Under	Free	Free	Free

All Athletes competing in the competition are not required to pay an admission fee throughout the weekend.

ACCOMMODATIONS

1. Best Western Cobourg – (905) 372-2105
2. Comfort Inn Cobourg – (437) 293-6485
3. Comfort Inn Port Hope – (437) 293-6485
4. Hampton Inn Port Hope - (905) 800-9010

The participants must pay for their accommodation costs.