

2024–2025 WOMEN’S ARTISTIC GYMNASTICS

DIRECTIVE



DATE: MARCH 6TH – 9TH, 2025

“SEAS” THE DAY! PROVINCIAL QUALIFIER



HOST CLUB	Whitby Gymnastics 330 Taunton Rd E. Unit C5 Whitby, ON L1R 0H4 905-493-7888 www.whitbygymandcircus.com
MEET DIRECTOR	Kim Dunning & Amy White seasyourday@outlook.com
GO LIASON	Gymnastics Ontario Audra Sederavicius Phone : 647-598-0982 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca
COMPETITION FORMAT	Competition Venue: 330 Taunton Rd E. Unit C5 Whitby, ON L1R 0H4
REGULATIONS	As per the Gymnastics Ontario Technical Rules and Regulations Manual and Virtual Invitational Competition Protocols. Competition Format: OCP Warm Up Scoring Program: KSIS Music: Music can be in submitted via the KSIS as part of each athlete’s competition registration. All music must be clearly labelled by athlete’s name, club, level. USB available if needed. For Level 1-5 event, the compulsory music will be provided by host club. Awards: Awards for place 1-8.
LEVELS AND AGES	Level 1-9 & Xcel Ages 7+
REGISTRATION	KSIS registration <i>and</i> hard copy registration required. Athlete Registration Fee: \$120 plus hst for WAG & Xcel \$15 plus hst per coach First come, first serve. Payment in full must be received no later than August 31st. Only club cheque is accepted. Hard copy registration required with payment. \$65 NSF fee applies.

	<p>Level Changes: Any level change after December 1st, 2024 is subject to a \$25.00 plus hst admin fee. All level changes are subject to approval and are not guaranteed even before deadline.</p> <p>Athlete Substitution Policy: Any athlete substitution after December 31st, 2024 is subject to a \$25.00 plus hst admin fee. Any athlete substitution that is not the same age and same level is subject to approval and is not guaranteed even before the deadline.</p> <p>Registration Closed: Level changes or athlete substitutions will not be accepted after February 1st, 2025.</p> <p>Refunds Policy: no refunds for any reason.</p>
<p>EQUIPMENT</p>	<p>Speith America</p> <p>1 set of equipment</p> <p>Post 1 inch inside white line on floor on 2 sides. Last 2m of vault runway through standard size door frame. Bar mounting space 3m (9.5ft).</p>
<p>HEALTH AND SAFETY</p>	<p>First Aid Certified Personnel On-Site.</p> <p>We care about the well-being of all gymnasts and families so if you are not feeling well please stay home.</p> <p>Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event.</p> <p><i>Whitby Gymnastics and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</i></p>
<p>COACH REQUIREMENTS</p>	<p>Coaches must:</p> <ul style="list-style-type: none"> - be registered with Gymnastics Ontario for membership - registered in KSIS, - be present with athletes on-site - bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (field of play). <p>It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition.</p> <p>Please see coaching requirements for floor access: http://www.gymnasticsontario.ca/coaching-requirements/</p> <p>Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.</p> <p>National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.</p> <p>If need to request a coaching ID please visit the GO website: https://www.gymnasticsontario.ca/digital-coach-id-information/</p>

ADMISSIONS	<table border="1"> <thead> <tr> <th data-bbox="411 226 1090 297"><i>Spectator Admission-cash only</i></th> <th data-bbox="1090 226 1217 297">1 Day Pass</th> <th data-bbox="1217 226 1345 297">2 Day Pass</th> <th data-bbox="1345 226 1469 297">3 Day Pass</th> </tr> </thead> <tbody> <tr> <td data-bbox="411 297 1090 336">Adult: 18 years of age & older</td> <td data-bbox="1090 297 1217 336">\$10</td> <td data-bbox="1217 297 1345 336">\$15</td> <td data-bbox="1345 297 1469 336">\$20</td> </tr> <tr> <td data-bbox="411 336 1090 374">Senior: 55 years of age & older</td> <td data-bbox="1090 336 1217 374">\$5</td> <td data-bbox="1217 336 1345 374">\$10</td> <td data-bbox="1345 336 1469 374">\$15</td> </tr> <tr> <td data-bbox="411 374 1090 412">Student: 11 to 17 years of age</td> <td data-bbox="1090 374 1217 412">\$5</td> <td data-bbox="1217 374 1345 412">\$8</td> <td data-bbox="1345 374 1469 412">\$15</td> </tr> <tr> <td data-bbox="411 412 1090 450">Children: 6 to 10 years of age</td> <td data-bbox="1090 412 1217 450">\$5</td> <td data-bbox="1217 412 1345 450">\$5</td> <td data-bbox="1345 412 1469 450">\$10</td> </tr> <tr> <td data-bbox="411 450 1090 488">Children: 5 & Under</td> <td data-bbox="1090 450 1217 488">Free</td> <td data-bbox="1217 450 1345 488">Free</td> <td data-bbox="1345 450 1469 488">Free</td> </tr> <tr> <td colspan="4" data-bbox="411 488 1469 521">All Athletes competing in the competition are not required to pay an admission fee.</td> </tr> </tbody> </table>	<i>Spectator Admission-cash only</i>	1 Day Pass	2 Day Pass	3 Day Pass	Adult: 18 years of age & older	\$10	\$15	\$20	Senior: 55 years of age & older	\$5	\$10	\$15	Student: 11 to 17 years of age	\$5	\$8	\$15	Children: 6 to 10 years of age	\$5	\$5	\$10	Children: 5 & Under	Free	Free	Free	All Athletes competing in the competition are not required to pay an admission fee.			
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VENDORS	<p>TBC</p>																												
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TOURISM & ADDITIONAL INFORMATION																													