

2024-2025 WOMEN'S ARTISTIC GYMNASTICS

DIRECTIVE



TWISTERS GYMNASTICS AND TRAMPOLINE CLUB

SPRING FLING – MARCH 13-16, 2025

Qualifier – Level 3-5 (9+) and Level 6-9 (9+)

Designated Competition – Level 10, Youth, HP

Invitational - Level 1-2 (7+), Xcel (7+), Level 3-9 (7-8)



HOST CLUB	<p>Twisters Gymnastics and Trampoline Club 519-942-2477 275 Alder Street www.twistersgymnastics.ca Orangeville, Ontario L9W 5H6</p>		
MEET DIRECTOR	<p>Cheryl Kempers 519-942-2477 E-mail: office@twistersgymnastics.ca</p>		
GYMNASTICS ONTARIO LIASON	<p>Audra Sederavicius, Women's Program Manager Phone : 647-598-0982 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca</p>		
VENUE	<p>Twisters Gymnastics and Trampoline Club Alder Street Recreation Centre 275 Alder Street Orangeville, Ontario L9W 5H6</p>		
REGULATIONS	<p>As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals.</p> <p>Competition Format: OCP Warm Up</p> <p>Scoring Program: KSIS</p> <p>Music: Music must be submitted via KSIS as part of each athlete's competition registration. All music must be clearly labelled by athlete's name, club, level.</p> <p>For Level 1-5 event, the compulsory music will be provided by host club.</p> <p>Awards: For Events and All Around (1st to 3rd Medals, 4 to 8th Ribbons). No Bumping of places for ties.</p>		
LEVELS AND AGES	<p>Qualifier – Level 3-5 (9+) and Level 6-9 (9+) Designated Competition – Level 10, Youth, HP Invitational - Level 1-2 (7+), Xcel (7+), Level 3-9 (7-8)</p>		
REGISTRATION	<p>All athletes and coaches must be registered with G.O. for the 2024-2025 season.</p> <p>Athlete Registratoin Fee: \$130.00 Coaches Fee: \$15.00</p> <table border="1" data-bbox="368 1944 1506 2018"> <tr> <td data-bbox="368 1944 703 2018">Registration via KSIS</td> <td data-bbox="703 1944 1506 2018">Registration Deadline: December 16th, 2024</td> </tr> </table>	Registration via KSIS	Registration Deadline: December 16th, 2024
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	<p><i>Once athlete is entered into KSIS competition they are considered registered and corresponding payment must be remitted to Twisters.</i> <i>*music upload with athlete registration</i> <i>**all registration changes in KSIS must be made through Meet Director</i></p> <table border="1"> <tr> <td data-bbox="363 327 703 577">Payment</td> <td data-bbox="703 327 1527 577"> Payment options: E-transfer to office@twistersgymnastics.ca, OR Club cheque made payable to; Twisters Gymnastics and Trampoline Club OR Call to pay with credit card </td> </tr> <tr> <td data-bbox="363 577 703 723">Level Changes/ Withdraws</td> <td data-bbox="703 577 1527 723"> Withdraws/changes must be communicated directly to the host club Changes must be made by January 2nd, 2025 </td> </tr> <tr> <td data-bbox="363 723 703 831">Refunds</td> <td data-bbox="703 723 1527 831"> No refunds after January 2nd, 2025 </td> </tr> </table>	Payment	Payment options: E-transfer to office@twistersgymnastics.ca, OR Club cheque made payable to; Twisters Gymnastics and Trampoline Club OR Call to pay with credit card	Level Changes/ Withdraws	Withdraws/changes must be communicated directly to the host club Changes must be made by January 2nd, 2025	Refunds	No refunds after January 2nd, 2025
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EQUIPMENT	Spieth America - 1 full set of equipment *Levels 1-3 and Xcel Bronze and Silver: Vault landing area will be on top of concrete, maximum run way available 19m 70cm **Levels 4-9 and Gold: Vault landing will be on top of our resi-pit, maximum run way available 25m 70cm						
HEALTH AND SAFETY	First Aid Certified Personnel On-Site. We care about the well-being of all gymnasts and families so if you are not feeling well, please stay home. Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. <i>Twisters and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</i>						
COACH REQUIREMENTS	Coaches must: - be registered with Gymnastics Ontario for membership - registered in KSIS - be present with athletes on-site - bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (field of play). It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition. Please see coaching requirements for floor access: http://www.gymnasticsontario.ca/coaching-requirements/						

Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.

National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.

If need to request a coaching ID please visit the GO website:
<https://www.gymnasticsontario.ca/digital-coach-id-information/>

ADMISSIONS

Cash payment preferred (debit and credit is available)			
Cups and Qualifiers	1 Day Pass	2 Day Pass	3 Day Pass
Adult: 18 years of age & older	\$10	\$15	\$18
Senior: 55 years of age & older	\$5	\$8	\$12
Student: 11 to 17 years of age	\$5	\$8	\$12
Children: 6 to 10 years of age	\$3	\$5	\$7
Children: 5 & Under	Free	Free	Free

All Athletes competing in the competition are not required to pay an admission fee throughout the weekend.

ACCOMMODATIONS

Best Western Orangeville Inn and Suites
 7 Buena Vista Drive,
 Orangeville, Ontario
 1-866-216-1988
www.bestwesternorangeville.com
 The participants must book and pay for their accommodation costs.

VENDORS

SOCIAL MEDIA

Facebook: @gymnasticsontario, @twistersgymnasticsandtrampolineclub
Instagram: @gymnasticsontario, @twistersgymnastics
Hashtags: #wagqualifiers #ontchamps, #SportStartsHere #GymnasticsOntario #gymnastics #gymnastique #gymnast #artisticgymnastics #WAG #vault #bars #beam #floor #vaultbarsbeamfloor #balancebeam #unevenbars etc.

TOURISM & ADDITIONAL INFORMATOIN

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