

# 2024-2025 WOMEN'S ARTISTIC GYMNASTICS

## DIRECTIVE



### TWISTERS GYMNASTICS AND TRAMPOLINE CLUB WINTER FESTIVAL

*NOVEMBER 28 – DECEMBER 1, 2024*

**Qualifier – Level 3-5 (9+) and Level 6-9 (9+)**

**Invitational - Level 1-2 (7+), Xcel (7+), Level 3-9 (7-8)**



<b>HOST CLUB</b>	<b>Twisters Gymnastics and Trampoline Club</b> <b>519-942-2477</b> 275 Alder Street <a href="http://www.twistersgymnastics.ca">www.twistersgymnastics.ca</a> Orangeville, Ontario L9W 5H6		
<b>MEET DIRECTOR</b>	<b>Cheryl Kempers</b> <b>519-942-2477</b> E-mail: <a href="mailto:office@twistersgymnastics.ca">office@twistersgymnastics.ca</a>		
<b>GYMNASTICS ONTARIO LIASON</b>	Audra Sederavicius, Women's Program Manager Phone : 647-598-0982 E-mail : <a href="mailto:wag@gymnasticsontario.ca">wag@gymnasticsontario.ca</a> Website: <a href="http://www.gymnasticsontario.ca">www.gymnasticsontario.ca</a>		
<b>VENUE</b>	<b>Twisters Gymnastics and Trampoline Club</b> Alder Street Recreation Centre 275 Alder Street Orangeville, Ontario L9W 5H6		
<b>REGULATIONS</b>	<p><b>As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals.</b></p> <p><b>Competition Format:</b> OCP Warm Up</p> <p><b>Scoring Program:</b> KSIS</p> <p><b>Music:</b> Music must be submitted via KSIS as part of each athlete's competition registration. All music must be clearly labelled by athlete's name, club, level.</p> <p>For Level 1-5 event, the compulsory music will be provided by host club.</p> <p><b>Awards:</b> For Events and All Around (1<sup>st</sup> to 3<sup>rd</sup> Medals, 4 to 8<sup>th</sup> Ribbons).                  No Bumping of places for ties.</p>		
<b>LEVELS AND AGES</b>	Qualifier – Level 3-5 (9+) and Level 6-9 (9+) Invitational - Level 1-2 (7+), Xcel (7+), Level 3-9 (7-8)		
<b>REGISTRATION</b>	All athletes and coaches must be registered with G.O. for the 2024-2025 season.  <b>Athlete Registration Fee: \$130.00</b> <b>Coaches Fee: \$15.00</b> <table border="1" style="width: 100%; margin-top: 10px;"> <tr> <td style="width: 50%;">Registration via KSIS</td> <td style="width: 50%;">Registration Deadline: September 20th, 2024</td> </tr> </table>	Registration via KSIS	Registration Deadline: September 20th, 2024
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	<p><b><i>Once athlete is entered into KSIS competition they are <u>considered registered</u> and corresponding payment must be remitted to Twisters.</i></b></p> <p><i>*music upload with athlete registration</i>  <i>**all registration changes in KSIS must be made through Meet Director</i></p> <table border="1"> <tr> <td data-bbox="371 365 647 613"><b>Payment</b></td> <td data-bbox="647 365 1527 613"> <b>Payment options:</b>  <b>E-transfer to <a href="mailto:office@twistersgymnastics.ca">office@twistersgymnastics.ca</a>,</b>  <b>OR</b>  <b>Club cheque made payable to;</b>  <b>Twisters Gymnastics and Trampoline Club</b>  <b>OR</b>  <b>Call to pay with credit card</b> </td> </tr> <tr> <td data-bbox="371 613 647 723"><b>Level Changes/ Withdraws</b></td> <td data-bbox="647 613 1527 723"> Withdraws/changes must be communicated directly to the host club  Changes must be made by October 2nd, 2024 </td> </tr> <tr> <td data-bbox="371 723 647 759"><b>Refunds</b></td> <td data-bbox="647 723 1527 759"> No refunds after October 2nd, 2024 </td> </tr> </table>	<b>Payment</b>	<b>Payment options:</b> <b>E-transfer to <a href="mailto:office@twistersgymnastics.ca">office@twistersgymnastics.ca</a>,</b> <b>OR</b> <b>Club cheque made payable to;</b> <b>Twisters Gymnastics and Trampoline Club</b> <b>OR</b> <b>Call to pay with credit card</b>	<b>Level Changes/ Withdraws</b>	Withdraws/changes must be communicated directly to the host club Changes must be made by October 2nd, 2024	<b>Refunds</b>	No refunds after October 2nd, 2024
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<b>EQUIPMENT</b>	Spieth America - 1 full set of equipment  *Levels 1-3 and Xcel Bronze and Silver: Vault landing area will be on top of concrete, maximum run way available 19m 70cm  **Levels 4-9 and Gold: Vault landing will be on top of our resi-pit, maximum run way available 25m 70cm						
<b>HEALTH AND SAFETY</b>	<b>First Aid Certified Personnel On-Site.</b>  We care about the well-being of all gymnasts and families so if you are not feeling well, please stay home.  Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event.  <i>Twisters and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</i>						
<b>COACH REQUIREMENTS</b>	<b>Coaches must:</b> - be registered with Gymnastics Ontario for membership - registered in KSIS - be present with athletes on-site - bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (field of play).  It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition.  Please see coaching requirements for floor access: <a href="http://www.gymnasticsontario.ca/coaching-requirements/">http://www.gymnasticsontario.ca/coaching-requirements/</a>						

Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.

National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.

If need to request a coaching ID please visit the GO website:  
<https://www.gymnasticsontario.ca/digital-coach-id-information/>

**ADMISSIONS**

<b>Cash payment preferred</b> (debit and credit is available)			
	<b>1 Day Pass</b>	<b>2 Day Pass</b>	<b>3 Day Pass</b>
<b>Adult: 18 years of age &amp; older</b>	\$10	\$15	\$18
<b>Senior: 55 years of age &amp; older</b>	\$5	\$8	\$12
<b>Student: 11 to 17 years of age</b>	\$5	\$8	\$12
<b>Children: 6 to 10 years of age</b>	\$3	\$5	\$7
<b>Children: 5 &amp; Under</b>	Free	Free	Free

*All Athletes competing in the competition are not required to pay an admission fee throughout the weekend.*

**ACCOMMODATIONS**

Best Western Orangeville Inn and Suites  
 7 Buena Vista Drive,  
 Orangeville, Ontario  
 1-866-216-1988  
[www.bestwesternorangeville.com](http://www.bestwesternorangeville.com)  
 The participants must book and pay for their accommodation costs.

**VENDORS**

**SOCIAL MEDIA**

**Facebook:** @gymnasticsontario, @twistersgymnasticsandtrampolineclub  
**Instagram:** @gymnasticsontario, @twistersgymnastics  
**Hashtags:** #wagquifiers #ontchamps, #SportStartsHere #GymnasticsOntario #gymnastics #gymnastique #gymnast #artisticgymnastics #WAG #vault #bars #beam #floor #vaultbarsbeamfloor #balancebeam #unevenbars etc.

**TOURISM & ADDITIONAL INFORMATOIN**

[Plan Your Visit - Town of Orangeville](#)