

2024-2025 WOMEN'S ARTISTIC GYMNASTICS

DIRECTIVE



COLOURS OF SPRING
 SCARBOROUGH GYM ELITES
 MARCH 29 – 30, 2025
 ODP INVITATIONAL



HOST CLUB	Scarborough Gym Elites 15 – 510 Coronation Drive, Scarborough, ON M1E 4X6 416.282.2496 http://scarboroughgymelites.ca	
MEET DIRECTOR	Janet McLellan meetdirector@scarboroughgymelites.ca 416.282.2496	
GYMNASTICS ONTARIO LIASON	Audra Sederavicius, Women's Program Manager Phone : 647-598-0982 E-mail : wag@gymnasticsontario.ca Website: www.gymnasticsontario.ca	
VENUE	Host Club Address	
REGULATIONS	As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals. Competition Format: ODP Warm Up Awards: Certificate and medal for all participants.	
LEVELS AND AGES	ODP Age 6+	
REGISTRATION	All athletes and coaches must be registered with G.O. for the 2024-2025 season. Athlete Registration Fee: \$100 Coaches Fee: \$15	
	Registration via KSIS	Registration deadline is January 31, 2025 or when meet is full. Once athlete is entered into KSIS competition they are <u>considered registered</u> and corresponding payment must be remitted to Scarborough Gym Elites. *music upload with athlete registration **all registration changes in KSIS must be made through Meet Director
	Payment	Payment must be made within 7 days of registration. A fee of \$50 will be charged for any NSF cheque. Option 1 E-Transfer Send an etransfer to accounting@scarboroughgymelites.ca Option 2 Cheque Make cheque payable to: Scarborough Gym Elites

		Mail cheque to: Scarborough Gym Elites 510 Coronation Drive, Unit 15 Scarborough, ON M1E 4X6		
	Level Changes/ Withdrawals	Withdrawals/changes must be communicated directly to the host club by January 31, 2025.		
	Refunds	No refunds for any reason after January 31, 2025.		
EQUIPMENT	Spieth America - 1 full set of equipment Vault runway is 21.5 metres			
HEALTH AND SAFETY	First Aid Certified Personnel On-Site. We care about the well-being of all gymnasts and families so if you are not feeling well, please stay home. Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. <i>Scarborough Gym Elites and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</i>			
COACH REQUIREMENTS	Coaches must: <ul style="list-style-type: none"> - be registered with Gymnastics Ontario for membership - registered in KSIS - be present with athletes on-site - bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (field of play). <p>It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition.</p> <p>Please see coaching requirements for floor access: http://www.gymnasticsontario.ca/coaching-requirements/</p> <p>Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.</p> <p>National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.</p> <p>If need to request a coaching ID please visit the GO website: https://www.gymnasticsontario.ca/digital-coach-id-information/</p>			
ADMISSIONS		1 Day Pass	2 Day Pass	3 Day Pass
	Adult: 18 years of age & older	\$8	\$13	n/a
	Senior: 55 years of age & older	\$5	\$8	n/a
	Student: 11 to 17 years of age	\$5	\$8	n/a
	Children: 6 to 10 years of age	\$3	\$5	n/a
	Children: 5 & Under	Free	Free	Free
	<i>All Athletes competing in the competition are not required to pay an admission fee</i>			

	<i>throughout the weekend. Payment by cash, debit or credit.</i>
ACCOMMODATIONS	<p>Best Western Plus Executive Inn 38 Estate Dr, Scarborough, ON M1H 2Z1 Telephone: 416-430-0444 <i>(17-minute drive from hotel to competition)</i></p> <p>Holiday Inn Express Toronto East 50 Estate Dr, Scarborough, ON M1H 2Z1 Telephone: (416) 439-9666 <i>(17-minute drive from hotel to competition)</i></p> <p>The participants must pay for their accommodation costs.</p>
VENDORS	<p>DNA Performance Wear – Gymnastics leotards and shorts Flowers in West Hill – Flowers Shop Love Collective – Gymnastics t-shirts, hoodies, water bottles and more</p>
SOCIAL MEDIA	<p>Facebook: @gymnasticsontario, @SGEGymnastics Instagram: @gymnasticsontario, @SGEGymnastics</p> <p>Hashtags: #SportStartsHere #GymnasticsOntario #gymnastics #gymnastique #gymnast #artisticgymnastics #WAG #vault #bars #beam #floor #vaultbarsbeamfloor #balancebeam #unevenbars #SGEGymnastics #ColoursofSpring #competition #strength #power #endurance #flexibility #handstanddevelopment #ontariodevelopmentprogram</p>
TOURISM & ADDITIONAL INFORMATOIN	<p>Directions: 401 to Morningside Avenue South on Morningside Avenue to Coronation Drive East on Coronation Drive to #510</p> <p>Parking: Limited parking on the west side of the Club. Plenty of free street parking on Coronation Drive.</p> <p>Please respect parking signs. Neighboring businesses are open weekends.</p>