



“SWIRL&TWIRL” RG INTERNATIONAL TOURNAMENT
Udine, Italy
September 27-28-29,2024



by SWIRL & TWIRL


DIRECTIVES

RGI and RGG competition for clubs

Dear Friends,

Associazione Sportiva Udinese has the pleasure to invite your Club to participate in the “Swirl&Twirl RG International Tournament”.

DISCIPLINE	Rhythmic Gymnastics (RGI and RGG)
LOCAL ORGANIZING COMMITTEE	Associazione Sportiva Udinese Technical Director: Špela Dragaš Contact Person: Magda Pigano Via Lodi, 1, 33100 Udine Phone: +393295329567 (WhatsApp) E-mail: asu.udinese.sezione.ritmica@gmail.com Website: www.asu1875.it
LOCATION	Udine, Italy
DATE	September 27-28-29, 2024
VENUE	<u>Competition and training hall</u> PalaPrexta, Via Lodi 1, 33100 Udine
PARTICIPANTS	Unlimited number of gymnasts (2016 gymnasts already turned 8 years old); max 2 coaches.
COMPETITION FORMAT	Individual and Group Competition; Level A, B and C (CoP 2022-2024) Gymnasts can also choose to compete in new CoP rules (2025-2028), routines will be judged in Artistry and Execution according to CoP 2022-2024.
JUDGES	Max. 1 JUDGE Each delegation shall include 1 judge with a FIG licence or from its National Federation. Delegations coming without a judge will have a charge of € 100,00 for the call-up of an external judge.
ENTRY FEES	INDIVIDUAL all levels: 25€ per gymnast/exercise GROUP/TRIO/DUO all levels: 15€ per gymnast/exercise Delegations must pay fees by bank transfer till September 20 th 2024: IBAN: IT 20 R030 6909 6061 0000 0190 161 BIC: BCI TIT MM
REGISTRATION	Registration will be ONLINE on ksis.eu https://rgform.eu/event.php?id_prop=6988
REGISTRATION DEADLINE	September, 10th, 2024 - or fulfillment of spots for daytimeline
MP3 DEADLINE	September, 25th, 2024 - (anyway, USB is needed!)

SCHEDULE (provisory)	<p>Friday, September 27th - Individual and Group Competition Level C</p> <p>Saturday, September 28th - Individual Competition Level A-B</p> <p>Sunday, September 29th - Individual Competition Level A-B- Groups A-B</p> <p>Monday, September 30th - Departure of delegations</p>
AWARDING	<p>INDIVIDUAL: - All Around of 2 (best) routines - Medals for each apparatus/year of birth</p> <p>GROUP/TRIO/DUO: - Medals for each apparatus/category</p> <p>All gymnasts will receive medals and gifts</p>
INSURANCE	Participation is at own risk. The insurance is at the individual participants' or their delegations' expense. Associazione Sportiva Udinese is not responsible for any accident and damage to people or things before, during and after the event, as well as of theft, loss of money or goods or other personal property.
ACCOMODATION	<p>Closest hotels (no organization partners):</p> <p>Hotel San Giorgio: Piazzale Cella 2, Udine +39 0432.505577</p> <p>Hotel Ramandolo: via Forni di Sotto 28, Udine www.hotelramandolo.it</p> <p>Hotel Friuli: Viale Ledra 24, Udine www.hotelfriuli.udine.it</p> <p>Hotel Continental: viale Tricesimo 71, Udine www.bestwestern.com</p> <p>Hotel Suite Inn: Via di Toppo 25, Udine www.suiteinn.it</p>
MEALS	<p>Free of charge in the hall: only for judges and coaches</p> <p>BAR will be available for all (coffee, water, snacks, sandwiches...)</p>
TRANSFER	<p>Local committee can provide transfer from/to follow airport (not free of charge): Venice, Treviso, Trieste</p> <p>Info at: asu.udinese.sezione.ritmica@gmail.com</p>
MEDIA	<p>Follow us on Instagram/Facebook/TikTok</p> <p>- ASU.UDINESE.SEZIONE.RITMICA</p> <p>- ASU1875</p> 

TECHNICAL PROGRAM

INDIVIDUAL COMPETITION				NEW CoP 2025-2028
CATEGORIES:	LEVEL A	LEVEL B	LEVEL C	
2015-2016* *(already turned 8)	DB 3 - 6 R MIN 1 - MAX 2 DA MIN 1 - MAX 6 (1-3 routines)	DB 3 - 6 R MIN 1 - MAX 2 DA MIN 1 - MAX 6 (1-2 routines)	max. 5,00 p. D (1-2 routines)	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024
CHILDREN 2014	DB 3 - 6 R MIN 1 - MAX 2 DA MIN 1 - MAX 8 (1-3 routines)	DB 3 - 6 R MIN 1 - MAX 2 R DA MIN 1 - MAX 6 (1-2 routines)	max. 5,00 p. D (1-2 routines)	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024
CADETS 2013	DB 3 - 6 R MIN 1 - MAX 3 DA MIN 1 - MAX 10 (1-3 routines)	DB 3 - 6 R MIN 1- MAX 3 DA MIN 1 - MAX 10 (1-2 routines)	max. 5,00 p. D (1-2 routines)	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024
PRE-JUNIOR (2012)	FIG JUNIOR (1-4 routines)	DB 3 - 6 R MIN 1- MAX 3 DA MIN 1 - MAX 10 (1-2 routines)	max. 5,00 p. D (1-2 routines)	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024
JUNIOR (2009, 2010, 2011) each year	FIG JUNIOR (1-4 routines)	DB 3 - 7 MIN 1 - MAX 4 R DA MIN 1 - MAX 15 (1-2 routines)	max. 5,00 p. D (1-2 routines)	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024
SENIOR (2008 and older)	FIG SENIOR (1-4 routines)	DB 3 - 9 R MIN 1 MAX 5 DA MIN 1 - MAX 20 (1-2 routines)	max. 5,00 p. D (1-2 routines)	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024

GROUP COMPETITION				NEW CoP 2025-2028
CATEGORIES:	LEVEL A	LEVEL B	LEVEL C	
PRE JUNIOR 2012-2016* *(already turned 8)	GROUP: by choice DUO/TRIO: by choice DB/DE max 5 (min 3+2) 2W, 3DS, 1R, 6-15 DC	GROUP: by choice DUO/TRIO: by choice DB/DE max 5 (min 3+2) 2W, 3DS, 1R, 6-15 DC	GROUP: by choice DUO/TRIO: by choice; D max 5,00	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024
JUNIOR (2009, 2010, 2011)	GROUP: by choice DUO/TRIO: by choice FIG RULES	GROUP: by choice DUO/TRIO: by choice DB/DE max 8 (min 3+3) 2W, 2DS, 1R, 6-15 DC	GROUP: by choice DUO/TRIO: by choice; D max 5,00	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024
SENIOR (2011 and older)	GROUP: by choice DUO/TRIO: by choice FIG RULES	GROUP: by choice DUO/TRIO: by choice DB/DE max 8 (min 3+3) 2W, 2DS, 1R, 6-15 DC	GROUP: by choice DUO/TRIO: by choice; D max 5,00	ONLY ARTISTRY and EXECUTION according to CoP 2022-2024

Hope to see you in Udine!

As Udinese

