

# 2024-2025 WOMEN'S ARTISTIC GYMNASTICS

## DIRECTIVE



INVITATIONAL/QUALIFIER  
**DECEMBER 13-15, 2024**  
 CORNWALL GYMNASTICS CLUB  
**6<sup>TH</sup> ANNUAL COTTON CANDY CLASSIC**



<b>HOST CLUB</b>	Cornwall Gymnastics Club PO Box 1941, 525 Boundary Road Cornwall, ON K6H 6N7 (613)933-4356r <a href="http://www.cornwallgymnasticsclub.ca">www.cornwallgymnasticsclub.ca</a>
<b>MEET DIRECTOR</b>	Lisa Virtue <a href="mailto:cgcmeet@gmail.com">cgcmeet@gmail.com</a> (613)933-4356
<b>GYMNASTICS ONTARIO LIASON</b>	Audra Sederavicius, Women's Program Manager Phone : 647-598-0982 E-mail : <a href="mailto:wag@gymnasticsontario.ca">wag@gymnasticsontario.ca</a> Website: <a href="http://www.gymnasticsontario.ca">www.gymnasticsontario.ca</a>
<b>VENUE</b>	Cornwall Gymnastics Club PO Box 1941, 525 Boundary Road Cornwall, ON K6H 6N7 (613)933-4356
<b>REGULATIONS</b>	<b>As per the Gymnastics Ontario Technical Rules and Regulations Manual and competition manuals.</b>  <b>Competition Format:</b> OCP Warm Up  <b>Scoring Program:</b> KSIS  <b>Music:</b> Music can be in submitted via the KSIS as part of each athlete's competition registration. All music must be clearly labelled by athlete's name, club, level.  For Level 1-5 event, the compulsory music will be provided by host club.  <b>Awards:</b> For Events and Around (1st to 3rd medals, 4th to 8th Ribbons). No bumping of places for ties. Special Awards for Vault, Bars, Beam and Vault
<b>LEVELS AND AGES</b>	Level 1-5 Invitational (Ages 7+)/Qualifier Level 3-9 (Ages 9+) Xcel Bronze, Xcel Silver, Xcel Gold (Ages 7+)
<b>REGISTRATION</b>	All athletes and coaches must be registered with G.O. for the 2024-2025 season.  <b>Athlete Registratoin Fee: \$105.00</b>

	<b>Registration via KSIS</b>	<p><b><i>Once athlete is entered into KSIS competition they are considered registered and corresponding payment must be remitted to Cornwall Gymnastics Club</i></b></p> <p><i>*music upload with athlete registration</i></p> <p><i>**all registration changes in KSIS must be made through Meet Director</i></p>
	<b>Payment</b>	<p><b>Registration Deadline:</b> November 15, 2024 <i>or until meet is full</i></p> <p><b>Method of Payment:</b> Cheque (Payable to Cornwall Gymnastics Club) or etransfer to <a href="mailto:payablecgc@gmail.com">payablecgc@gmail.com</a>. Excel spreadsheet must be accompanied along with registration form to the Meet Director.</p>
	<b>Level Changes/ Withdraws</b>	<p>Withdraws/changes must be communicated directly to the host club</p>
	<b>Refunds</b>	<p><b>There will be no refunds or level changes after December 1st, 2024 (except with a medical letter from physician)</b></p>
<b>EQUIPMENT</b>	<p>Spieth America – 1 full set of equipment</p>	
<b>HEALTH AND SAFETY</b>	<p><b>First Aid Certified Personnel On-Site.</b></p> <p>We care about the well-being of all gymnasts and families so if you are not feeling well, please stay home.</p> <p>Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events. Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event.</p> <p><i>Cornwall Gymnastics Club and Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.</i></p>	
<b>COACH REQUIREMENTS</b>	<p><b>Coaches must:</b></p> <ul style="list-style-type: none"> <li>- be registered with Gymnastics Ontario for membership</li> <li>- registered in KSIS,</li> <li>- be present with athletes on-site</li> <li>- bring and show their GO Coaching ID provided by Gymnastics Ontario to the competition showing they have up-to-date NCCP requirements for the level of athlete participating to gain access to the competition floor (filed of play).</li> </ul> <p>It is the club's and individual coach's responsibility to ensure they have the correct certifications and coaching ID for competition.</p> <p>Please see coaching requirements for floor access:  <a href="http://www.gymnasticsontario.ca/coaching-requirements/">http://www.gymnasticsontario.ca/coaching-requirements/</a></p> <p>Provincial Coaches: must be NCCP Competition 1 (Introduction) Trained, MED, Safe Sport and up to date Risk Management certification (Respect in Sport) to be eligible for the competition floor.</p> <p>National Coaches: must be minimum NCCP Competition 2 (Intro Advanced) Trained in addition to the provincial coach requirements to be eligible for the competition floor.</p>	

If need to request a coaching ID please visit the GO website:  
<https://www.gymnasticsontario.ca/digital-coach-id-information/>

**ADMISSIONS**

<i>Cups and Qualifiers</i>	<b>1 Day Pass</b>	<b>2 Day Pass</b>	<b>3 Day Pass</b>
<b>Adult: 18 years of age &amp; older</b>	\$8	\$13	\$18
<b>Senior: 55 years of age &amp; older</b>	\$5	\$8	\$12
<b>Student: 11 to 17 years of age</b>	\$5	\$8	\$12
<b>Children: 6 to 10 years of age</b>	\$3	\$5	\$7
<b>Children: 5 &amp; Under</b>	Free	Free	Free

*All Athletes competing in the competition are not required to pay an admission fee throughout the weekend.*

**ACCOMMODATIONS**

Best Western  
 1515 Vincent Massey Dr  
 Cornwall, ON  
 K6H 5R6  
 (613) 932-0451  
 The participants must pay for their accommodation costs.

**VENDORS**

Vendors to be confirmed

**SOCIAL MEDIA**

**Facebook:** @gymnasticsontario, @cornwallgymnasticsclub  
**Instagram:** @gymnasticsontario, @cornwall\_gymnastics\_club  
**Hashtagbits:** #wagquaifiers, #SportStartsHere #GymnasticsOntario #gymnastics #gymnastique #gymnast #artisticgymnastics #WAG #vault #bars #beam #floor #vaultbarsbeamfloor #balancebeam #unevenbars etc.

**TOURISM & ADDITIONAL INFORMATOIN**

Cornwall, Ontario  
[www.choosecornwall.ca](http://www.choosecornwall.ca)  
[www.whereontariobegan.com](http://www.whereontariobegan.com)  
 Directions from Ottawa  
<https://bit.ly/2HpEJcU>  
 Directions from Toronto:  
<https://bit.ly/2JkPSxd>  
**Parking is available on the north and south side of the building.**