



BG Head Office, Ankara/TUR

Contact Person: Vesna Radonic

tel: +382 69 084 966

e-mail: [balkangymnastics@tcf.gov.tr](mailto:balkangymnastics@tcf.gov.tr)

**UPDATE 25.06.2024**

**DIRECTIVES**

**BALKAN RHYTHMIC  
GYMNASTICS  
CHAMPIONSHIPS**

**for individual gymnasts**

**Budva / MONTENEGRO**

**September 27th.-29th. 2024.**

**Dear President,**

**Balkan Gymnastics is pleased to herein provide you with the document of Directives for forthcoming Balkan Rhythmic Gymnastics Championships, to be held in Budva (MNE), from 27th. to 29th. of September, 2024.**

**These Championships will be organized following the FIG Statutes, Technical Regulations, 2022-2024 RGI Code of Points, FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events and other Rules, Regulations and Guidelines, valid starting January 1st. 2024., onwards, any possible amendments by the date of these competition, and any complements decided in the meantime. All participating Federations commit to abide by the Statutes and all FIG Rules and Regulations. National Federations not respecting them will not be allowed to compete.**

**In accordance with the initial idea, defined by Balkan Gymnastics Federation and members of its Technical Sport Commission, of restoring once traditional meetings of Balkan countries national teams, in all Olympic gymnastics sports, we invite you to delegate the best possible team for the upcoming competition in rhythmic gymnastics, i.e. the most representative team at the moment, so that the Balkan region can really prove itself as high quality gymnastics European region.**

**Table of contents:**

- 1. Balkan Gymnastics - contacts**
- 2. Host federation & LOC (Local Organising Committee)**
- 3. Location of the competition and training hall**
- 4. Provisional schedule**
- 5. Age limits, participation rights, delegation plan and accreditations**
- 6. Competition format and apparatus program**
- 7. Registration and entry fees**
- 8. Licenses**
- 9. Judges**
- 10. Drawing of lots**
- 11. Equipment and Hand apparatus**
- 12. Visa**
- 13. Transportation**
- 14. Accommodation**
- 15. Insurance**
- 16. Summary of the deadlines and payments**
- 17. Music**
- 18. Digital KSIS Platform**

## 1. BALKAN GYMNASTICS

Contact person: **Mrs. Vesna Radonić**

e-mail: [balkanch.rg@gmail.com](mailto:balkanch.rg@gmail.com)

Address: Rozino 7, Budva 85310

Tel. +382 69 084 966

e-mail: [balkangymnastics@tcf.gov.tr](mailto:balkangymnastics@tcf.gov.tr)

## 2. HOST FEDERATION – LOCAL ORGANISING COMMITTEE and BG TC

Contact Person: **Mrs. Marina Sekulić**

Rozino 14, 85310 Budva

Tel. +382 68 795-010

e-mail: [gimnastickisavezcg@gmail.com](mailto:gimnastickisavezcg@gmail.com) or [balkanch.rg@gmail.com](mailto:balkanch.rg@gmail.com)

website: [www.gscg.me](http://www.gscg.me)

### Balkan Gymnastics Technical Commission

**Mr. Edvard Kolar**, 1<sup>st</sup>. Vice-President of the Balkan Gymnastics

**Mr. Istvan Karacsony**, 2<sup>nd</sup>. Vice-President of the Balkan Gymnastics

**Mrs. Vesna Radonić**, BG responsible for Rhythmic Gymnastics

## 3. LOCATION OF THE COMPETITION AND TRAINING/WARM UP HALL

The MSC hall is a multipurpose venue situated in the city center of Budva, at only 10 minutes walking distance from the official hotel, 20 km from Tivat International Airport (35 km from Podgorica International Airport and 50 km from Dubrovnik International Airport). The design and the architecture of the hall (being built in 1996.) fulfils the requirements of various sports and cultural events, for internal and international competitions, festivals, and other manifestations.

Competition Hall	<b>Mediterranean Sports Center (MSC)</b> Venue capacity: Address: Filipa Kovačevića st.bb 85310 Budva, Montenegro Equipment: 1 Competition floor (14x14)	
Training Hall – behind the dividing panels	<b>Mediterranean Sports Center (MSC)</b> One warm-up floor (14x14) Dressing area Ballet Bars Warm-up and stretching area Iron and iron tab	
		

**4. PROVISIONAL SCHEDULE** (all time slots should be considered strictly preliminary; definitive schedule is to be released accordingly to the number of registered participants)

<b>date/time</b>	<b>description</b>	<b>location</b>
<b>WED – 25 SEP.</b>  all day	Arrival of the BG EC Members Arrival of the RG delegations BG Staff, LOC staff - meeting	LOC office – Hotel Avala
<b>THU – 26 SEP.</b>  all day 10:00 – 19:00 after 18:00	arrival of RG Delegations Official training as per schedule Orientation meeting and welcome reception	MSC  Hotel Slovenska plaža
<b>FRI – 27 SEP.</b>  all day	Judges Meeting RGI competition for CHILDREN (all around) RGI competition for PRE–JUNIORS (all around) RGI competition for JUNIORS (all around)	MSC
<b>SAT – 28 SEP.</b>  all day	Judges Meeting RGI competition for CHILDREN (all around) RGI competition for PRE–JUNIORS (all around) RGI competition for JUNIORS (all around)  Awarding ceremonies: RGI for CHILDREN, PRE-JUNIORS, JUNIORS Team competitions	MSC
<b>SUN – 29 SEP.</b>	Judges Meeting RGI apparatus finals: CHILDREN, PRE-JUNIORS, JUNIORS  Award ceremonies: RGI FARWELL BANQUET	MSC
<b>MON – 30 SEP.</b>  all day	Departure day of the RG Delegations Departure day of the BG EC Members	Hotel Slovenska plaža Hotel Avala

## **5. AGE LIMITS, PARTICIPATION RIGHT, DELEGATION PLAN AND ACCREDITATIONS**

### **Age limits:**

- **Junior Gymnasts** (2010 - 2009) holding a valid FIG License, until the end of the competition, may participate in RGI competitions.
- **Pre-Juniors** born in (2011-2013)
- **Children** born in 2014. and younger.

### **Participation right:**

- **Participation right for CHILDREN RGI competition:** all NFs teams are entitled to participate with **2 or 4** individual gymnasts
- **Participation right for PRE-JUNIOR RGI competition:** all NFs teams are entitled to participate with **2 or 4** individual gymnasts
- **Participation right for JUNIOR RGI competition:** all NFs teams are entitled to participate with **2 or 4** individual gymnasts

**Each National RGI team consists in total: from min. 6 RGI gymnasts** (2 children, 2 pre-junior and 2 junior gymnast), up to **max. 12 RGI gymnasts** (4 children, 4 pre-juniors and 4 juniors).

**\*Each NF can participation with 2 teams, each team must register which gymnasts are in team1 and in team2**

**\*Only one team (better) is at the award ceremony**

**\*Apparatus finals: The top eight gymnasts in each apparatus qualify for the apparatus final.  
The Limit for finals is 1 gymnast per country.**

### **Maximum Delegation Size**

National Federation delegation is requested to submit its delegation plan through the registration system. The maximum size of each Delegation is as follows:

<b>RGI Function</b>	<b>Children RGI</b>	<b>Pre-junior RGI</b>	<b>Junior RGI</b>	<b>Total max.</b>
Head of delegation/ NF President	1	1	1	1
Medical Doctor	1	1	1	1
Gymnast	2 – 4	2 - 4	2 - 4	12
Coach	1	1	1	3
Judge	1	1	1	3
<b>Full Teams for RGI delegation with min. 6 – max. 12 gymnasts</b>				<b>20</b>

## **ACCREDITATIONS**

Accreditation will take place in MSC (competition hall), before/during the official training.

A photo of each member of the delegation must be uploaded on ksis platform at the time of the nominative registration. The Head of the Delegation/Coach must bring to the accreditation:

- passports of all members of the delegation and paper passport copies of all participants
- proof of all payments towards the LOC (copy of the SWIFT to be given to the LOC)
- certification of valid medical insurance – paper copy, for all delegation members
- 1 USB stick with music, per gymnasts
- 1 USB with the national anthem and the national flag

In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan

## **6. COMPETITION FORMAT and APPARATUS PROGRAM**

### **RGI Team competition + RGI Apparatus finals:**

- **CHILDREN RGI competition (2014 and younger)**: each national team, consisted of **1,2,3 or 4 gymnasts, Children Individuals (Without app – Hoop – Ball – Clubs or Rope)**

Qualifying competition with Team ranking

- 2-4 gymnasts per NF
- The gymnasts present maximum 4 exercises with the without app. and 3 apparatus
- A gymnast may participate in 1 - 4 exercises
- If a NF participates with only 1 gymnast, she must present an exercise with WA and 3 apparatus and can qualify with each apparatus for the Apparatus Finals.
- NF with only 1 gymnast cannot participate in the Team ranking

- **PRE-JUNIOR RGI competition (2013 and 2011)**: each national team consisted of **1,2,3 or 4 gymnasts Pre – junior Individuals (Hoop – Ball – Clubs – Ribbon)**

Qualifying competition with Team ranking

- 2-4 gymnasts per NF
- The gymnasts present maximum 4 exercises with the apparatus
- A gymnast may participate in 1 - 4 exercises
- If a NF participates with only 1 gymnast, she has to present an exercise with all 4 apparatus and can qualify with each apparatus for the Apparatus Finals.
- NF with only 1 gymnast cannot participate in the Team ranking

- **JUNIOR RGI competition (2010 and 2009)**: each national team consisted of **1, 2, 3 or 4 gymnasts Junior Individuals (Hoop – Ball – Clubs – Ribbon)**

Qualifying competition with Team ranking

- 2-4 gymnasts per NF
- The gymnasts present maximum 4 exercises with the apparatus
- A gymnast may participate in 1 - 4 exercises
- If a NF participates with only 1 gymnast, she has to present an exercise with all 4 apparatus and can qualify with each apparatus for the Apparatus Finals.
- NF with only 1 gymnast cannot participate in the Team ranking

The winner of the Team competition will be awarded the title **“Balkan Team RGI Champion”**, in each category (CHILDREN, PRE-JUNIOR and JUNIOR).

• **Team competition RGI:**

Each **NF team RGI total score** is obtained by adding:  
CHILDREN score + PRE-JUNIOR score + JUNIOR score

The team winner will be awarded the title **“Balkan RGI Team Champion”**

## **7. REGISTRATION AND ENTRY FEES**

Entry fees: **NO**

## **8. LICENSES**

The LOC will be responsible for checking the validity of the junior FIG Licenses.

## **9. JUDGES**

Each National Delegation must register two 1-3 judges for individual competition  
Requested judges' levels: “brevet” category I, II, III, IV or the highest national category.

## **10. DRAWING OF LOTS**

The gymnasts drawing of lots will decide the starting order of the qualification competitions and the finals. It will take place during the BG TC meeting to be held 31th August 2024

## **11 EQUIPMENT HAND APPARATUS**

### **Competition Floor**

GYMNOVA „London” FIG ID 156 – 14 x 14 meters, colour beige

### **Reserve Apparatus (will be provided by the LOC):**

- Rope: Pastorelli, FIG ID 430
- Hoop: Pastorelli, FIG ID 425
- Ball: Pastorelli, FIG ID 419
- Clubs (junior): Pastorelli, FIG ID 421
- Clubs (senior): Pastorelli, FIG ID 311
- Ribbon (seniors): Pastorelli, FIG ID 427
- Ribbon (juniors) Pastorelli, FIG ID 173
- Ribbon Cane: Pastorelli, FIG ID 312

## **12 VISA**

You are kindly asked to verify, asap (with your travel agent or the staff of Embassy or Consulate of Montenegro in your country) visa procedure for entering Montenegro. The LOC will be on your full disposal and willingly assist your Delegation with an official invitation letter, provided that your request to our LOC will be made before **Jul 20<sup>th</sup>**

The request must include the function, full name, gender, date of birth, citizenship, passport number, passport expiry date, the arrival and departure dates of the delegation member, as well as correct address, application support letter must be sent to.

## **13. TRANSPORTATION**

### **International transportation**

The participating National Federations are expected to cover their delegation members travel costs. The Travel Schedule Form must be returned to the LOC by **August 20<sup>th</sup>**.

### **Local transportation**

The LOC will provide free-of-charge "airport – hotel – airport" transfers

Closest airports: Tivat (MNE) on 20 km distance, Podgorica (MNE) on 55 km as well as "hotel – gym – hotel" transfers, for all accredited delegation members.

## **14. ACCOMMODATION**

**Official Hotel for Delegations** [www.hgbudvanskarivijera.com](http://www.hgbudvanskarivijera.com)

The Following prices are **per person, per night** and include:

**Meals (breakfast, lunch and dinner) - buffet tables**

### **HOTEL SLOVENSKA PLAZA \*\*\*\***

Single room: 130 €

Double room: 100€

### **HOTEL SLOVENSKA PLAZA \*\*\***

Single room: 115 €

Double room: 95 €

- at the time of the Definitive Entry (**July 15<sup>th</sup>**.) 50% of the accommodation costs.
- at the time of the Nominative Entry (**August 20<sup>th</sup>**.) the remaining (total of 100%) of the accommodation costs.

### **Cancellation/Reimbursement Policy:**

30% of the total accommodation costs are refundable, in case of cancellations at least 1 month prior to the event (**August 25<sup>th</sup>. the latest**)

For cancellations made after **August 25<sup>th</sup>**., reimbursement will not be possible.

### **Farewell Banquet**

Accredited delegation member will receive a free ticket for the Farewell Banquet.



Beneficiary	<b>GIMNASTICKI SAVEZ CRNE GORE</b>
Account	<b>100 9363045 0000</b>
Bank	<b>CRNOGORSKA KOMERCIJALNA BANKA AD</b>
Address	<b>MOSKOVSKA BB</b>
Iban	<b>ME2551000000020647848</b>
SWIFT / BIC	<b>CKBCMEPG</b>



## **15. INSURANCE**

The Host Federation, the LOC and the FIG will not bear any responsibility for possible liabilities, in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.

The LOC will subsequently offer insurance at the Federations own charge as follows: 15€ per person/day

## **16. SUMMARY OF THE DEADLINES AND PAYMENT**

Definitive Registration	July 15 <sup>th</sup> .
Nominative Registration	August 20 <sup>th</sup> .
Accommodation Form	July 15 <sup>th</sup> .
Travel Schedule Form	August 20 <sup>th</sup> .
Visa Request Form	July 20 <sup>nd</sup> .
Payment of the Accommodation Costs 100%	August 20 <sup>th</sup> .
Farewell Banquet	August 20 <sup>th</sup> .
Payment of the Entry Fee	no entry fee
Music and Music form	September 15 <sup>th</sup> .

## **17.MUSIC**

The music can be uploaded in mp3 file format, as soon as the KSIS digital online RG platform opens for registrations, after nominative entry dead line.

## **18.DIGITAL KSIS PLATFORM**

Score processing will be obtained on real time KSIS results platform

Sincerely Yours,

Budva, 25.06.2024.



Mrs. Vesna Radonic  
President

Gymnastics Federation of Montenegro

*Vesna Radonic*

