14th International Rhythmic Gymnastics Tournament



"REVIJA ELIT PLUS" 2024

DATE:	16-17.11.2024.	
LOCATION:	Novi Sad, Serbia	
HOST ORGANIZATION:	Local Organizing Committee: Gymnastics club ELIT Novi Sad, Serbia With support of: KRG RITMIKA Novi Sad	
ORGANIZING COMITEE:	Kristina Carić, competition director	
	Aleksandar Prostran, technical organization	
	Tel: +381648059902 Viber/WhatsApp/SMS	
	E-mail: gkelit.ns@gmail.com	
DISCIPLINES:	Rhythmic gymnastics - Individual exercises A, B and B light level	
	Group exercises B level	
	Group exercises C recreational level	
VENUE:	Sport center Vojvodina – SPENS, Great hall, Sutjeska 2, Novi Sad http://www.spens.rs/sport/ GPS 45.24708, 19.84436 Competition hall 40 x 70 m, 3 warming up carpets, Height: 16 m Auditorium: 6987 places	
PRELIMINARY SCHEDULE:	Friday, 15.11.2024: Arrival of delegations Saturday, 16.11.2024: Competition Sunday, 17.11.2024: Competition Monday, 18.11.2024: Departure of delegations	
DEADLINES:	Preliminary entry: October 01st, 2024 Definitive entry: November 01st, 2024 Hotel Reservations: November 01st, 2024 We strongly recommend sending all forms before deadlines.	

REGISTRATION:	http://rgform.eu/event.php?id_prop=6540		
	for registration gymnasts, judges, hotel reservations, travel details.		
DELEGATIONS	Individual exercises A, B & B light level:		
DELEGATIONS	Delegation: Unlimited number of competitors		
	1 judge		
	Coaches		
	Group exercises B and C level: Delegation: Unlimited number of groups		
	1 judge		
	Coaches		
	Gymnasts who compete in individual C program may compete in group exercises too it pay both entry fees.		
HIDGES.	National category required minimum.		
JUDGES:	If your delegation chooses to participate without a judge a fee of 70 € has to be paid		
	upon arrival		
AWARDING:	Individual program: Diplomas and presents for all gymnasts.		
	Each category (declared in the propositions) from 1st to 3rd		
	place gets medals.		
	A program: Awarding in all around and 1st to 3rd		
	place by each apparatus.		
	B and B light program: Awarding only by each apparatus.		
	Group program B level: Diplomas and presents for all gymnasts.		
	Each category (declared in propositions) from 1st to 3th place		
	gets medals (regardless of apparatus type)		
	Group program C level: Diplomas and presents for all gymnasts.		
	All groups are ranked in the first three places and awarded		
	with medals.		
ENTRY FEE:	Individual exercises B and B light level -35 € per gymnast.		
	Individual exercises A level - 40 € per gymnast.		
	Group exercises B level - 20 € per gymnast.		
	Group exercises C level - 15 € per gymnast.		
	Group exercises & level - 15 & per gymnast.		
	Fee for missing judge -70 € euro per team		
PAYMENT:	All costs, entrance fees, accommodation and transfer costs, have to be paid to the		
	organizer upon arrival in the competition hall.		
MUSIC:	All music must be recorded inMP3 format and uploaded on the		
	site: http://rgform.eu/event.php?id_prop=6540		
	till 01.11.2024.		
	Backup music on USB device is obligatory.		
VISA:	Please verify immediately with your travel agent or the Serbian Embassy or Consulate in		
	your country if a visa is required for your travel to Serbia. The Organizing Committee		
	will be happy to assist each Delegation member with an official invitation letter,		
	provided that the request is made before October 01. 2024 to the Organizer.		
	The request must include the function, full name, gender, date of birth, citizenship and		
	passport number, passport expiry date, the arrival and departure dates of the delegation		
	members as well as the address the visa application support letter must be sent to.		
INSURANCE:	All delegations are responsible to have the necessary coverage in case of accidents or		
	illness.		
MEDICAL SERVICE:	Medical services will be provided in the sport hall by organizer		
MEALS	Free lunch for heads, judges and coaches at sport hall.		
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Hotel Novi Sad ****		
Bul. Jase Tomica bb, Novi Sad GPS 45.26381, 19.829277 Hotel Novi Sad is the main hotel of the tournament, where is the technical meeting. It is located near Main bus and Railway station. Hotel parking with 60 parking places is provided free of charge. Parking for Buses is provided at a Bus station, across the hotel. Competition hall is 2 km away, just along the boulevard.		
Half-board service (dinner+bed+breakfast)		
Price of accommodation per person per night (including the residence tax) In double and three bed room 55 € per person/per night		
In the single room 65 € per person/per night		
Allocation of the rooms will be made on the "first apply, first serve" bases.		
Nearest airport: Belgrade airport "Nikola Tesla", 80 km from Novi Sad		
Organizer will provide local transportation from/to the hotel and the Competition Hall		
for delegations accommodated in hotels from our list free of charge.		
Transfer from the Belgrade airport "Nikola Tesla", 80 km from Novi Sad (about one hour from the airport to the hotel) will be provided by organizer.		
Transfer price: 40€ per person and it includes return to the airport.		
Live stream and on-line results will be available by KSIS: http://rgform.eu/event.php?id_prop=6540		

EVENT FORMAT:

PROPOSITIONS FOR INDIVIDUAL EXERCISES

A T PITTER	DIDIE	D 11 1 . I DI 122
A LEVEL	B LEVEL	B light LEVEL
SENIORS	SENIORS	SENIORS
2008 and older	2008 and older	2008 and older
2 apparatus by choice	1 apparatus by choice	1 apparatus by choice
0 • N 9	0 • 11 9	0 • 11 9
FIG propositions	FIG propositions	FIG propositions
r	r · r	r
JUNIORS	JUNIORS	JUNIORS
2009-2010	2009	2009
2 apparatus by choice	1 apparatus by choice	1 apparatus by choice
FIG propositions for	FIG propositions for	FIG propositions for
juniors	juniors	juniors
J	JUNIORS	JUNIORS
	2010	2010
	1 apparatus by choice	1 apparatus by choice
		$O[\bullet]$
	FIG propositions for	FIG propositions for
DDE HIMODO	juniors PRE-JUNIORS	juniors PRE-JUNIORS
PRE-JUNIORS 2011-2013	2011	2011
2 apparatus by choice	1 apparatus by choice	1 apparatus by choice
10 • 11 B	VO • N	
FIG propositions for	FIG propositions for	FIG propositions for
juniors	juniors	juniors
	PRE-JUNIORS	PRE-JUNIORS
	2012	2012
	1 apparatus by choice	1 apparatus by choice
	FIG propositions for	FIG propositions for
	juniors PRE-JUNIORS	juniors PRE-JUNIORS
	2013	2013
	1 apparatus by choice	1 apparatus by choice
	FIG propositions for	FIG propositions for
	juniors	juniors
CHILDREN	CHILDREN	CHILDREN
2014-2016	2014	2014
Without apparatus and	Without apparatus or	Without apparatus or
one apparatus by choice	apparatus by choice	apparatus by choice
	DB 7 highest count	DB 7 highest count
DB 7 highest count	S min 2, W min 2	S min 2, W min 2
S min 2, W min 2	R max 4*, DA max 15	R max 4*, DA max 15
R max 4*, DA max 15	CHILDREN	CHILDREN
	2015	2015
	Without apparatus or	Without apparatus or
	apparatus by choice	apparatus by choice

	DB 7 highest count	DB 7 highest count
	S min 2, W min 2	S min 2, W min 2
	R max 4*, DA max 15	R max 4*, DA max 15
/	YOUNG CHILDREN	YOUNG CHILDREN
	2016	2016
	Without apparatus or hoop	Without apparatus
	DB 7 highest count	DB 7 highest count
	S min 2, W min 2	S min 2, W min 2
	R max 4*, DA max 15	R max 4*
	YOUNG CHILDREN	YOUNG CHILDREN
	2017	2017
	Without apparatus or hoop	Without apparatus
	DB 7 highest count	DB 7 highest count
	S min 2, W min 2	S min 2, W min 2
	R max 4*, DA max 15	R max 4*
	YOUNG CHILDREN	YOUNG CHILDREN
	2018	2018 and younger
	Without apparatus or hoop	Without apparatus
	DB 7 highest count	DB 7 highest count
	S min 2, W min 2	S min 2, W min 2
	R max 4*, DA max 15	R max 4*

^{*} In routines without apparatus R (min two uninterrupted rotation /preacrobatic elements without repetition groups in another R) = 0.20, max 4

PROPOSITIONS FOR GROUP EXERCISES

GROUP EXERCISES B LEVEL (recreational advanced level)

4-6 gymnasts in group The length of exercese 1:15- 2:30

<u>Composition: (no penalty for missing (except formations and collaborations) or</u> <u>aditionas element, evaluated in chronological order):</u>

6 (4 for young children, 5 for children) formations - penalty 0.30 (once) if missing 2 dance steps combilations (2 x 0,50)

4 (3 for young children and children) body dificulties – one from each group 2 full body waves (1 for young children and children) (2 (1)x0,30)

Without apparatus:

Min 3, max 10 (7 for young children) collaborations:

0,10 without body rotation or lifting

0,20 with lifting

0,30 with body rotation

2 different preacrobatic elements (2x0,30)

1 dinamic element with rotation, min 2 in series as in R (1x0,20) (no repetition of preacrobatic elements)

With apparatus:

Min 3, max 12 collaborations (penalty 0,30 if missing min 3):

0,10 - without high or ex medium throws

0,30- with lifting

0,30 -gymnst who rotate after rotation cathes her or partner's apparatus (no high throw required)

0,30 - throw/catch of multiple apparatus (distance/hight of the throw: min 1 hight of gymnast, other according FIG rules)

0,50 - gymnast who rotate passes under/over/through apparatus/gymnast, after rotation cathes her or partner's apparatus (no high throw required)

3 difficulties with exchange (3x0,40)

1 R (0,60 regardless in the FIG value, other according FIG rouls)

Apparatus elements (4x0,20)

Rope:

2 different series of hops/skips passing through rope (2x0,20)

1 echappe (0,20)

1 passing with double rotation of the rope(0,30)

Hoop:

1 passing through th hoop (0,20)

1 large roll over the body (0,30)

1 rotation arround the hand or a part of the body (0,20)

1 rotation around its axis between the fingers, on the part of the body or on the floor (0,20)

Ball:

1 large roll over the body (0,30)

1 figure eight (0,20)

1 series of active bounces (0,20)

1 active bounce with the part of the body (without help of the hands) (0,20)

Clubs:

1 series of mills (0,30)

1 asymmetric movement od two clubs (0,20)

1 small throw of two clubs (0,20)

1 series of small circles (0,20)

Ribbon – min 5 m

Spirals (4-5 circles) (0,30)

Snakes (4-5 waves) (0,20)

1 passing through or over the pattern of the ribbon (0,20) 1 echappe (0,20)

GROUP EXERCISES B LEVEL		
Young children	Without apparatus	
2016-2018		
Children	Without apparatus	
2014-2016		
Pre-juniors	Apparatus by choice	
2012-2014		
Juniors	Apparatus by choice	
2010-2012		
Seniors	Apparatus by choice	
2010 and older		

GROUP EXERCISES C LEVEL Recreational basic level

8-16 girls in the group Length of exercise 1:00 - 2:00

Composition: (no penalty for missing or aditionas element)

4 formations (4x0,50)

4 collaborations (0,30 without rotation, lifting or throw; 0,50 with rotation or lifting; 0,60 with throw of apparatus)

1 dance steps combination (0,50)

3 difficulties of the body from different groups (3x0,30, regardless on the value in the FIG CoP)

1 full body wave (0,30)

2 different isolated preacrobatic elements(2x0,30)

In exercises WA: dinamic element with rotation, min two in series $(1x \ 0.20)$ In exercises with apparatus: 1 exchange of apparatus – min 4 m distance $(1x \ 0.60)$

(170,00)		
Young children	Without apparatus	
2016-2018		
Children	Without apparatus	
2014 and younger		
Pre-juniors	Without apparatus or	
2012 and younger	Apparatus by choice	
Young Juniors	Apparatus by choice	
2014 and older		
Juniors	Apparatus by choice	
2010 and older		

Girls who compete in group exercises B level can participate in groups C level too if pay both entry fees.

Gymnasts registered in individual A or B level can not compete in group exercises B nor C level.

Girls who participate in group exercises mey compete in individual exercises C level if pay both entry fees.

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Sincerely Yours,

Novi Sad, 20.06.2024



Kristina Carić
REVIJA ELIT PLUS 2024