



# 14<sup>th</sup> International Rhythmic Gymnastics Tournament



## „REVIJA ELIT PLUS“ 2024

<b>DATE:</b>	16-17.11.2024.
<b>LOCATION:</b>	Novi Sad, Serbia
<b>HOST ORGANIZATION:</b>	Local Organizing Committee: Gymnastics club ELIT Novi Sad, Serbia With support of: KRG RITMIKA Novi Sad
<b>ORGANIZING COMITEE:</b>	Kristina Carić, competition director Aleksandar Prostran, technical organization Tel: +381648059902 Viber/WhatsApp/SMS E-mail: gkelit.ns@gmail.com
<b>DISCIPLINES:</b>	Rhythmic gymnastics - Individual exercises A, B and B light level Group exercises B level Group exercises C recreational level
<b>VENUE:</b>	Sport center Vojvodina – SPENS, Great hall, Sutjeska 2, Novi Sad <a href="http://www.spens.rs/sport/">http://www.spens.rs/sport/</a> GPS 45.24708, 19.84436 Competition hall 40 x 70 m, 3 warming up carpets, Height: 16 m Auditorium: 6987 places
	 
<b>PRELIMINARY SCHEDULE:</b>	Friday, 15.11.2024: Arrival of delegations Saturday, 16.11.2024: Competition Sunday, 17.11.2024: Competition Monday, 18.11.2024: Departure of delegations
<b>DEADLINES:</b>	Preliminary entry: October 01st, 2024 Definitive entry: November 01st, 2024 Hotel Reservations: November 01st, 2024 <b>We strongly recommend sending all forms before deadlines.</b>






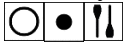



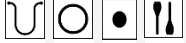






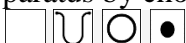



<b>REGISTRATION:</b>	<a href="http://rgform.eu/event.php?id_prop=6540">http://rgform.eu/event.php?id_prop=6540</a> for registration gymnasts, judges, hotel reservations, travel details.
<b>DELEGATIONS</b>	<b>Individual exercises A, B &amp; B light level:</b> Delegation: Unlimited number of competitors 1 judge Coaches <b>Group exercises B and C level:</b> Delegation: Unlimited number of groups 1 judge Coaches Gymnasts who compete in individual C program may compete in group exercises too if pay both entry fees.
<b>JUDGES:</b>	National category required minimum. If your delegation chooses to participate without a judge a fee of 70 € has to be paid upon arrival
<b>AWARDING:</b>	Individual program: Diplomas and presents for all gymnasts. Each category (declared in the propositions) from 1st to 3rd place gets medals. A program: Awarding in all around and 1st to 3rd place by each apparatus. B and B light program: Awarding only by each apparatus. Group program B level: Diplomas and presents for all gymnasts. Each category (declared in propositions) from 1st to 3th place gets medals (regardless of apparatus type) Group program C level: Diplomas and presents for all gymnasts. All groups are ranked in the first three places and awarded with medals.
<b>ENTRY FEE:</b>	Individual exercises B and B light level -35 € per gymnast. Individual exercises A level - 40 € per gymnast. Group exercises B level - 20 € per gymnast. Group exercises C level - 15 € per gymnast. Fee for missing judge -70 € euro per team
<b>PAYMENT:</b>	All costs, entrance fees, accommodation and transfer costs, have to be paid to the organizer upon arrival in the competition hall.
<b>MUSIC:</b>	All music must be recorded inMP3 format and uploaded on the site: <a href="http://rgform.eu/event.php?id_prop=6540">http://rgform.eu/event.php?id_prop=6540</a> till 01.11.2024. Backup music on USB device is obligatory.
<b>VISA:</b>	Please verify immediately with your travel agent or the Serbian Embassy or Consulate in your country if a visa is required for your travel to Serbia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before October 01. 2024 to the Organizer. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation members as well as the address the visa application support letter must be sent to.
<b>INSURANCE:</b>	All delegations are responsible to have the necessary coverage in case of accidents or illness.
<b>MEDICAL SERVICE:</b>	Medical services will be provided in the sport hall by organizer
<b>MEALS</b>	Free lunch for heads, judges and coaches at sport hall.



**EVENT FORMAT:**

**PROPOSITIONS FOR INDIVIDUAL EXERCISES**

A LEVEL	B LEVEL	B light LEVEL
<p>SENIORS 2008 and older 2 apparatus by choice  FIG propositions</p>	<p>SENIORS 2008 and older 1 apparatus by choice  FIG propositions</p>	<p>SENIORS 2008 and older 1 apparatus by choice  FIG propositions</p>
<p>JUNIORS 2009-2010 2 apparatus by choice  FIG propositions for juniors</p>	<p>JUNIORS 2009 1 apparatus by choice  FIG propositions for juniors</p>	<p>JUNIORS 2009 1 apparatus by choice  FIG propositions for juniors</p>
	<p>JUNIORS 2010 1 apparatus by choice  FIG propositions for juniors</p>	<p>JUNIORS 2010 1 apparatus by choice  FIG propositions for juniors</p>
<p>PRE-JUNIORS 2011-2013 2 apparatus by choice  FIG propositions for juniors</p>	<p>PRE-JUNIORS 2011 1 apparatus by choice  FIG propositions for juniors</p>	<p>PRE-JUNIORS 2011 1 apparatus by choice  FIG propositions for juniors</p>
	<p>PRE-JUNIORS 2012 1 apparatus by choice  FIG propositions for juniors</p>	<p>PRE-JUNIORS 2012 1 apparatus by choice  FIG propositions for juniors</p>
	<p>PRE-JUNIORS 2013 1 apparatus by choice  FIG propositions for juniors</p>	<p>PRE-JUNIORS 2013 1 apparatus by choice  FIG propositions for juniors</p>
<p>CHILDREN 2014-2016 Without apparatus and one apparatus by choice  DB 7 highest count S min 2, W min 2 R max 4*, DA max 15</p>	<p>CHILDREN 2014 Without apparatus or apparatus by choice  DB 7 highest count S min 2, W min 2 R max 4*, DA max 15</p>	<p>CHILDREN 2014 Without apparatus or apparatus by choice  DB 7 highest count S min 2, W min 2 R max 4*, DA max 15</p>
	<p>CHILDREN 2015 Without apparatus or apparatus by choice</p>	<p>CHILDREN 2015 Without apparatus or apparatus by choice</p>



Min 3, max 12 collaborations (penalty 0,30 if missing min 3):  
 0,10 - without high or ex medium throws  
 0,30- with lifting  
 0,30 -gymnst who rotate after rotation catches her or partner's apparatus (no high throw required)  
 0,30 - throw/catch of multiple apparatus (distance/hight of the throw: min 1 hight of gymnast, other according FIG rules)  
 0,50 - gymnast who rotate passes under/over/through apparatus/gymnast, after rotation catches her or partner's apparatus (no high throw required)  
 3 difficulties with exchange (3x0,40)  
 1 R (0,60 regardless in the FIG value, other according FIG rouls)  
 Apparatus elements (4x0,20)  
Rope:  
 2 different series of hops/skips passing through rope (2x0,20)  
 1 echappe (0,20)  
 1 passing with double rotation of the rope(0,30)  
Hoop:  
 1 passing through th hoop (0,20)  
 1 large roll over the body (0,30)  
 1 rotation around the hand or a part of the body (0,20)  
 1 rotation around its axis between the fingers, on the part of the body or on the floor (0,20)  
Ball:  
 1 large roll over the body (0,30)  
 1 figure eight (0,20)  
 1 series of active bounces (0,20)  
 1 active bounce with the part of the body (without help of the hands) (0,20)  
Clubs:  
 1 series of mills (0,30)  
 1 asymmetric movement od two clubs (0,20)  
 1 small throw of two clubs (0,20)  
 1 series of small circles (0,20)  
Ribbon – min 5 m  
 Spirals (4-5 circles) (0,30)  
 Snakes (4-5 waves) (0,20)  
 1 passing through or over the pattern of the ribbon (0,20)  
 1 echappe (0,20)

**GROUP EXERCISES B LEVEL**

Young children 2016-2018	Without apparatus
Children 2014-2016	Without apparatus
Pre-juniors 2012-2014	Apparatus by choice
Juniors 2010-2012	Apparatus by choice
Seniors 2010 and older	Apparatus by choice

**GROUP EXERCISES C LEVEL****Recreational basic level**

8-16 girls in the group

Length of exercise 1:00 – 2:00

Composition: (no penalty for missing or additional element)

4 formations (4x0,50)

4 collaborations (0,30 without rotation, lifting or throw; 0,50 with rotation or lifting; 0,60 with throw of apparatus)

1 dance steps combination (0,50)

3 difficulties of the body from different groups (3x0,30, regardless on the value in the FIG CoP)

1 full body wave (0,30)

2 different isolated acrobatic elements (2x0,30)

In exercises WA: dynamic element with rotation, min two in series (1x 0,20)

In exercises with apparatus: 1 exchange of apparatus – min 4 m distance (1x0,60)

Young children 2016-2018	Without apparatus
Children 2014 and younger	Without apparatus
Pre-juniors 2012 and younger	Without apparatus or Apparatus by choice
Young Juniors 2014 and older	Apparatus by choice
Juniors 2010 and older	Apparatus by choice

Girls who compete in group exercises B level can participate in groups C level too if pay both entry fees.

Gymnasts registered in individual A or B level can not compete in group exercises B nor C level.

Girls who participate in group exercises may compete in individual exercises C level if pay both entry fees.

**CONTACT:**

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Sincerely Yours,

Novi Sad, 20.06.2024



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Kristina Carić  
REVIJA ELIT PLUS 2024