



26th HAPPY CUP 2024
International Tournament in Rhythmic Gymnastics
Ghent, BELGIUM
8-10 / 11 / 2024

BABIES (°2017-2018)	1 routine: <i>without apparatus</i>	BD: 3-6 (no CDB) Min. 2 dance step combination (8") Wave: min 2 DER: 2
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A LEVEL – CATEGORIES AND REGULATION

MINI (°2015-2016)	2 routines: WA + Choice: <i>Rope/Hoop/Ball/Clubs</i>	Without apparatus BD: 3-8 (no CDB) DER: 2	Apparatus BD: 3-6 (no CDB) DER: Min. 1 – Max. 2 AD: Max. 12
HOPES (°2013-2014)	2 routines: <i>WA/Hoop/Ball/Clubs</i>	Without apparatus BD: 3-8 (no CDB) DER: 2	Apparatus BD: 3-6 (no CDB) DER: Min. 1 – Max. 3 AD: Max. 12
PRE-JUNIOR (°2011-2012)	2 routines: <i>Hoop/Ball/Clubs/Ribbon</i>	BD: 3-6 (no CDB) Dance step combination: min. 2 AD: min 1 - max 12 DER: min. 1 - max 3	
JUNIOR (°2009-2010)	4 routines: <i>Hoop/Ball/Clubs/Ribbon</i>	FIG-Program (Junior)	
SENIOR (°2008+)	4 routines: <i>Hoop/Ball/Clubs/Ribbon</i>	FIG-Program (Senior)	

B LEVEL – CATEGORIES AND REGULATION

MINI (°2015-2016)	1 routine: <i>without apparatus</i>	BD: 3-6 (no CDB) Min. 2 dance step combination (8") Wave: min 2 DER: 2	
HOPES (°2013-2014)	2 routines: WA + Choice: <i>Rope/Hoop/Ball/Clubs</i>	Without apparatus BD: 3-8 (no CDB) DER: 2	Apparatus BD: 3-6 (no CDB) DER: Min. 1 – Max. 2 AD: Max. 10
PRE-JUNIOR (°2011-2012)	2 routines: <i>Hoop/Ball/Clubs/ Ribbon (or Rope)</i>	BD: 3-6 (no CDB) Dance step combination: min. 2 AD: min 1 - max 10 DER: min. 1 - max 2	
JUNIOR (°2009-2010)	2 routines: <i>Hoop/Ball/Clubs/ Ribbon (or Rope)</i>	FIG-Program (Junior)	
SENIOR (°2009+)		FIG-Program (Senior)	

WA-routines:

- ⇒ 2 series of DER is compulsory. Penalty of 0.30 per missing R.
- ⇒ max. 3 rotations + 0,1 for change of rotation axis / change of level + 0,1 for DB + 0,2 for Serie). Highest possible value 0,6