



**Invitation**  
**International rhythmic gymnastics tournament:**  
**«Christmas Cup 2024»**  
**13– 15 December 2024**

Sports club «Nord» has the great honour to invite your club/ federation to  
attend the 15<sup>th</sup> international rhythmic gymnastics tournament  
„Christmas Cup 2024“

For participating in the competition you need to send the entry form before  
the 15<sup>th</sup> of October [https://rgform.eu/event.php?id\\_prop=6056](https://rgform.eu/event.php?id_prop=6056)

Organizer.

SC “Nord”

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Date and place of competition.

International rhythmic gymnastic tournament „Christmas Cup 2024“  
will be held on the 13 – 15 December 2024 in Tallinn, Kalev sports hall, Juhkentali  
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Accommodation.

Arrival day is **Thursday 12 December 2024**

**Competition costs**

**The organizer is not covering accommodation, traveling costs of delegations, not  
any other expenses made during the stay.**

**[Start fee per 1 individual gymnast – 70€](#)**

Please make the participation fee payment based on the invoice sent by Gymnastics  
Club Nord at least 5 days before the start of the competition. It is also possible to pay  
in cash on site (one representative per team).

**Cancellation of registered gymnast's participation:**

Until December 1, 2024 (23:59) - 100% exemption from the participation fee.  
Starting from December 2, 2024 (00:00) - the participation fee will not be refunded,  
except as provided in point 6.4\* of the Estonian Gymnastics Federation operating  
procedure.



\*According to point 6.4 of the Estonian Gymnastics Federation operating procedure, the refund of the participation fee for a non-participating gymnast/group is possible only based on a medical certificate. In this case, the organizer is obligated to refund at least 50% of the participation fee.

### **Fee for missing judge - 100**

**Each club must provide two judges who have completed rhythmic gymnastics training and hold a valid FIG or National-issued judge license. Please register the judges in RGForm. Registered judges must be present until the end of the competition. In case of a judge's absence, a fine of €100 will be imposed.**

**Hotel - You need to book hotel by yourself. There is a hotel near the sports hall just 3 minutes by walk -**

**Ibis Tallinn Center <https://www.ibistallinncenter.ee/>**

**All costs have to be paid upon arrival.**

**The teams, who leave the competition before the end and will not be on the award ceremony, will be removed from the competition. Their results will be cancelled.**

### **Transport.**

Organizer will provide transportation for your delegation from Tallinn Airport to the hotel and back.

**Transfer - 10 EUR per person (Tallinn Airport-Hotel-Tallinn Airport)**

### **Insurance.**

All delegations are responsible for having the necessary coverage against accidents and illness.

### **RANKING AND AWARDING**

Individual rankings will be determined in all age categories by birth year. Gymnasts who place 1st to 3rd in individual events will be awarded medals. In case of a tie in points, the ranking of gymnasts will be determined based on the current FIG rules.

### **Program:**

**Thursday 12<sup>th</sup> December - Arrival of the delegations, training is not possible**

**Friday 13<sup>th</sup> December - Technical meeting, all-round competition level B/A**

**Saturday 14<sup>th</sup> December - Technical meeting, all-round competition level B/A**

**Sunday 15<sup>th</sup> December - Technical meeting, all-round competition level A**

**Monday 16<sup>th</sup> December - Departure of the delegations.**

**Deadline entry:**

**15.10.2024**

**music MP3: 01.12.2024**



**The competitions will be held in accordance with the FIG and Estonian Gymnastics Federation program by the new COP valid in 2025 in the following age classes:**

**B CATEGORIES AND TECHNICAL PROGRAM: UEG/FIG JUNIORS 2025-2028**

<b>-2018 and younger</b>	<b>perform with a free routine</b>	
<b>-2017-2016</b>	<b>Without apparatus</b>	<b>D=3.0 Max</b>
<b>-2015-2014</b>	<b>Without apparatus and apparatus by choice</b>	<b>D=4.0 Max APP=6.0 Max</b>
<b>-2013-2011</b>	<b>2 apparatus by choice</b>	<b>D = 7.0 Max</b>
<b>2010-2009</b>	<b>2 apparatus by choice</b>	<b>D = 8.0 Max</b>

**A CATEGORIES AND TECHNICAL PROGRAM:UEG/FIG 2025-2028**

<b>-2017-2016</b>	<b>Without apparatus</b>	<b>UEG JUNIORS 2025-2028</b>
<b>-2015</b>	<b>Without apparatus and apparatus by choice</b>	<b>UEG JUNIORS 2025-2028</b>
<b>-2014-2012</b>	<b>2 apparatus by choice</b>	<b>UEG JUNIORS 2025-2028</b>
<b>JUNIORS 2011-2009</b>	<b>2 apparatus by choice</b>	<b>UEG JUNIORS 2025-2028</b>
<b>SENIORS 2009 and older</b>	<b>2 apparatus by choice</b>	<b>FIG 2025-2028</b>

Additional information regarding the organization of the competition will be sent to participants no later than one week before the start of the competition.

The personal data of registered gymnasts, coaches, judges, and volunteers will be used for the publication of competition results in the competition protocol, [rgform.eu](http://rgform.eu), or other competition software, on the sports association and/or organizer's website, and on social media channels.

By registering for the competition, gymnasts, coaches, judges, and volunteers automatically grant permission for visual materials of themselves to be published (photos, videos). If an individual does not agree to the display of their personal data and visual materials, they must inform the competition organizer and the sports association in writing no later than the start of the competition.



Recording videos and taking photos with professional equipment is allowed only for accredited journalists and photographers (registration at [https://rgform.eu/event.php?id\\_prop=6056](https://rgform.eu/event.php?id_prop=6056) ). Restrictions do not apply to the use of mobile phones and other smart devices for photography and filming.

**DOPING AND SPORTS SAFETY:** Every registered athlete must be prepared for doping control. Refusal to undergo doping control or evading doping control will be considered a violation of anti-doping rules. Athletes, coaches, and judges are required to follow fair play, anti-manipulation of sports events, and sports safety rules (<https://www.eevl.ee/sporditurvalisus/> ).

**COVID-19:** The competition will be organized in accordance with the current restrictions and requirements in force in the Republic of Estonia. Additional information can be found at [www.kriis.ee](http://www.kriis.ee)

The organizer reserves the right to make necessary changes to the organization of the competition and will inform participants in advance of any changes that may affect them.

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